



COMMUNITY BEHAVIORAL ASSESSMENT TEAM

Riverside Police Department

Community Police Review Commission
January 25, 2023

BACKGROUND

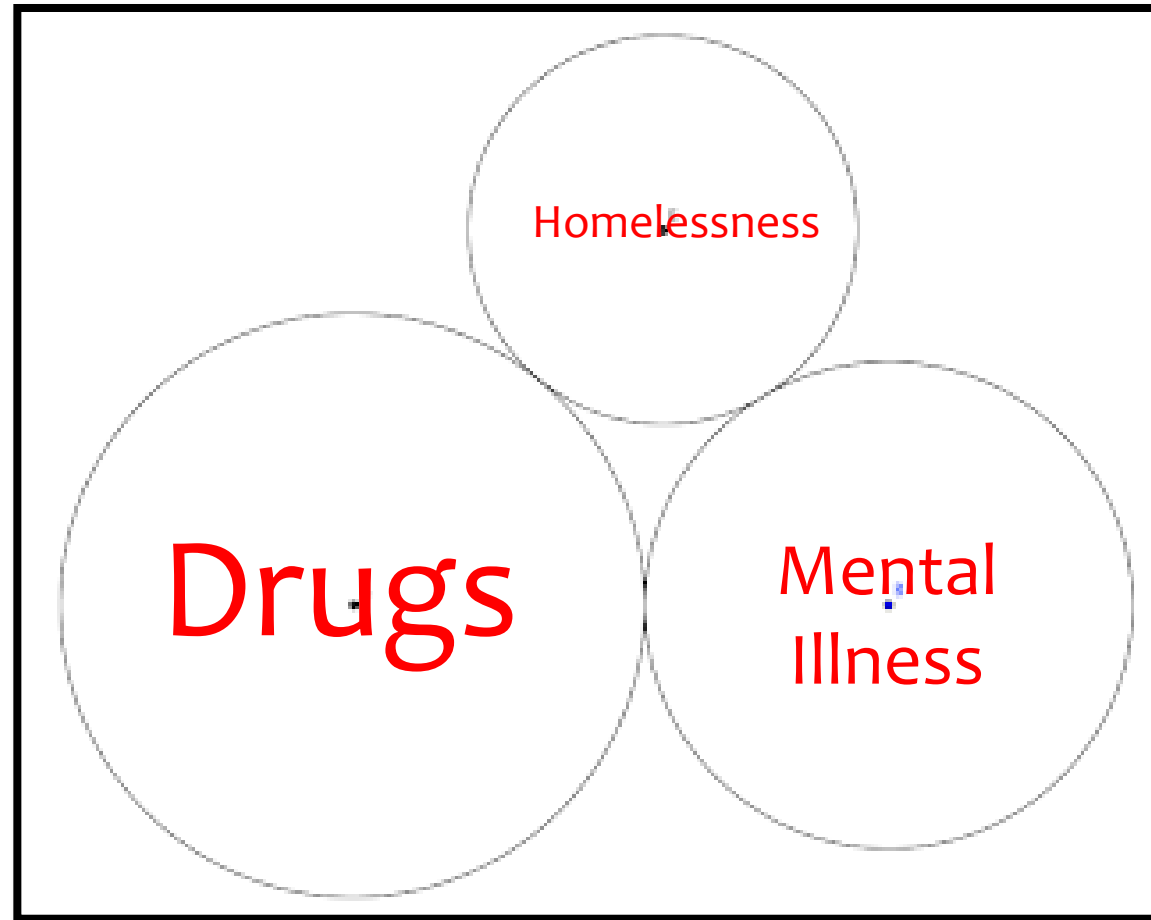
The Mission of CBAT

CBAT seeks to avoid adverse outcomes by diverting individuals with mental health issues to appropriate community services and behavioral health resources, by providing specialized training to CBAT officers and by focusing their scope of responsibilities.



DISCUSSION

1998 - 2010



DISCUSSION

2010 - 2017



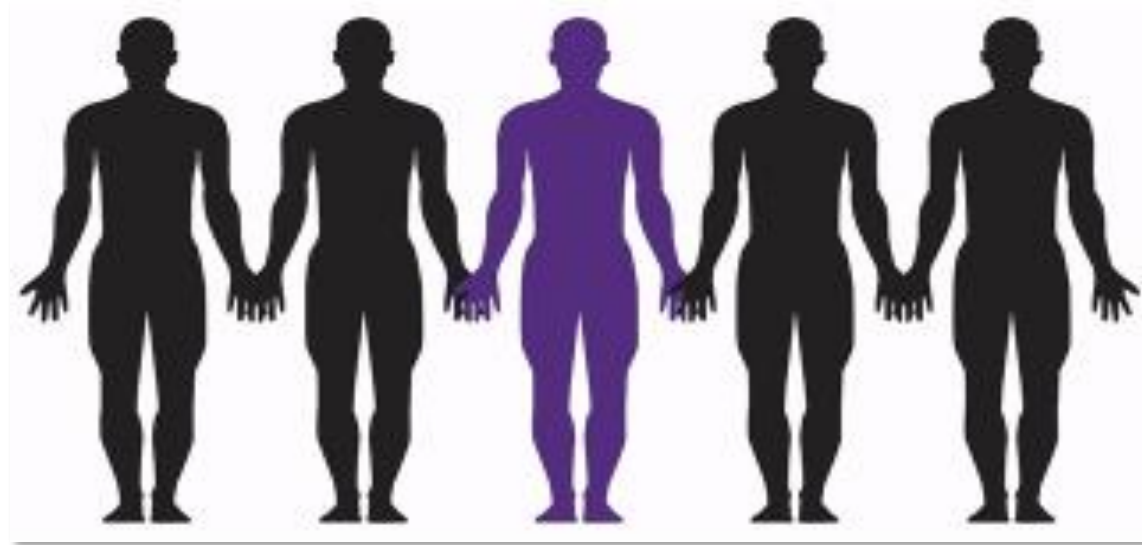
DISCUSSION

2018 - 2022



DISCUSSION

Mental Illness – Definition



Health condition characterized by alterations in thinking, mood, or behavior which impedes ability to function and perform day-to-day activities.

DISCUSSION



Mental Illness:

What **Causes** a Mental Illness?

Causes may include:

- **Biological factors**
- **Psychological factors**
- **Environmental factors**

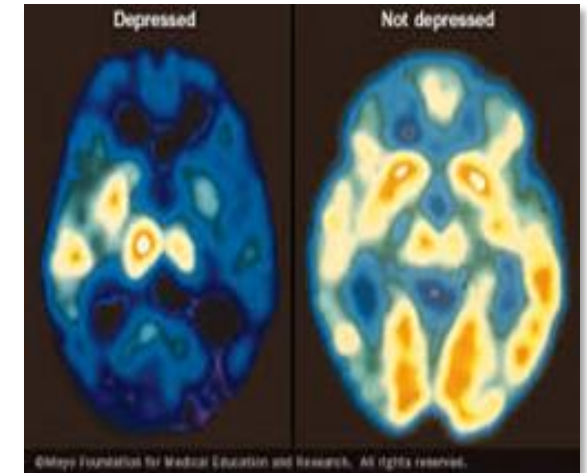


DISCUSSION

Causes

Biological factors

- Brain chemistry
- Brain injury or defect on certain areas of the brain
- Genetics
- Infections that impact the brain
- Prenatal factors (ex: high levels of cortisol during pregnancy, fetal trauma that results in oxygen deprivation, etc.)
- Substance abuse



DISCUSSION

Psychological factors

- Severe psychological trauma
- Loss
- Neglect
- Poor ability to relate to others

Environmental factors

- Death or divorce
- A dysfunctional family life
- Feelings of inadequacy, low self-esteem, anxiety, anger, or loneliness
- Changing jobs or schools
- Social or cultural expectations (For example, a society that associates beauty with thinness can be a factor in the development of eating disorder.)
- Chronic stress

DISCUSSION

Law Related to Mental Health

Lanterman-Petris (LPS) Short ACT

- Outlines the laws regarding involuntary commitments.
 - WIC 5150 – up to 72 hour hold for evaluation and treatment
 - Based on danger to self, danger to others, and/or grave disability
-
- History
 - What is a 5150?
 - Who can write a 5150?
 - What does it guarantee?
 - What is Grave Disability?

DISCUSSION

WIC 5150 – Definition

Probable cause – the legal standard to determine if person meets criteria.

- Determining probable cause is a lay decision, not a clinical one
- Does not require a diagnosis

Mental disorder – not defined by law.

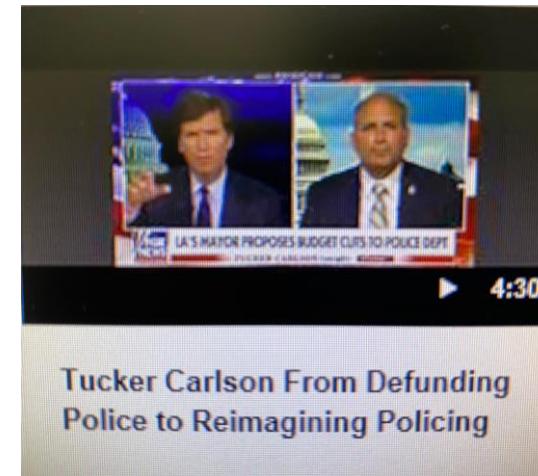
- The initiator of the hold must be able to articulate behavioral symptoms of mental disorder either temporary or prolonged.

DISCUSSION

2015

Since 2015 the Riverside Police Department has committed and diverted officers, vehicles, and resources, from patrol to a collaboration between the **Riverside Police Department** and **Riverside County University Health System Resources**, to improve the response, care and lifestyle of the mentally ill, homeless and drug dependent.

2020



DISCUSSION

**Started in 2015
With one RPD
Officer and
one County of
Riverside MH
Clinician**

**June 2019
Doubled in size to two
RPD Officers and two
County Of Riverside
Clinicians**

DISCUSSION

Community Behavioral Assessment Team

CBAT



Police Chief Larry Gonzalez

Special Operations Division

Captain Wagner
Lieutenant Crawford
Sergeant Smith

Community Outreach
Officers / CBAT

Public Safety
Engagement Team

DISCUSSION

Two Teams

Two
Officers

Two
Therapists

Officer Jennifer Cappelen
Clinical Therapist Candice
Tizcareno
Tue-Fri
1000-2000 hrs

Officer Philip Sears
Clinical Therapist Cynthia Reinhard
M-Th
0800-1800 hrs

DISCUSSION

Training CBAT has attended

- Integrated Communications Assessment and Tactics (ICAT)
- Mental Health Crisis Intervention Tactic (MHCIT)
- Suicide by Cop: Assessment and De-escalation
- Homeless Liaison Officer
- Utilizing De-escalation and Communication Techniques: Subject with Autism
- Gun Violence Restraining Order: Proactively Protecting People (GVRO)
- Alzheimer's Training
- Listen Emphasize Agree and Partner (L.E.A.P)
- Active Shooter / Threat Assessment
- Basic Critical Incident Stress Management (CISM) Training
- Peer Support Training

DISCUSSION

CBAT Vehicle

- Less intimidating for transports.
- Less embarrassing when parked in front of someone's house.
- Easier for customers to identify C.B.A.T from Patrol Officers.



DISCUSSION

Primary Goals

- Diversion from psychiatric inpatient hospitalizations
 - By providing screening, referral and linkage to lesser restrictive level of care
- Incarceration diversions
- Emergency department diversions
- Reduction in repeat law enforcement calls
- Appropriate linkage to care and resources
- Strengthen partnership and sense of unity between the community, LE and BH

DISCUSSION

Responsibilities

- 911 Calls for service
- Referrals from Officers
- Assist Patrol in de-escalation of force
- Write WIV 5150 holds
- Provide homeless outreach
- Provide training to Officers and FTOs
- Welfare checks from other therapists
- Coordination with other agencies
- Offer City and County resources
- Follow-up on those we contact
- Provide Tarasoff warnings
- Assist Veterans with resources and transportation to Loma Linda VA
- Assist with S.T.A.R Protocol Investigations



DISCUSSION

Riverside County Crisis Mental Health Resources

24/7 MENTAL HEALTH URGENT CARE – VOLUNTARY/WALK-IN

support for adults/*youth experiencing mental health challenges

9890 County Farm Rd, Bldg. 2

Riverside, CA 92503

951.509.2499

*2500 N. Palm Canyon Dr., Suite A4

Palm Springs, CA 92262

442.268.7000

*85 Ramona Expressway, Suite 1-3

Perris, CA 92571

951.349.4195



DISCUSSION

Riverside County Mental Health Resources

Mental Health Emergency Resources/5150

Corona Regional Medical Center

730 Magnolia Avenue,
Corona, CA 92879
951.736.7230

RCRMC Psychiatric Emergency Treatment Services (ETS)

9990 County Farm Rd., Suite 4
Riverside, CA 92503
951.358.4881

Telecare Riverside Crisis Stabilization

47-915 Oasis Street
Indio, CA 92201
760.863.8600



DISCUSSION

Loma Linda Veterans Affairs



DISCUSSION

Path of Life Shelter



DISCUSSION

Arlington Recovery Community



DISCUSSION

CBAT Statistics for 2020

Clients Seen: 822

WIC 5150 holds: 114

Voluntary Transports: 226

Clients with Mental Health Concerns: 790

Substance Abuse Issues: 494

Homeless Clients: 407

Clients that accepted other services: 456

DISCUSSION

CBAT Statistics for 2021

Clients Seen: 560

WIC 5150 holds: 100

Voluntary Transports: 132

Clients with Mental Health Concerns: 509

Substance Abuse Issues: 317

Homeless Clients: 248

Clients that accepted other services: 344

DISCUSSION

CBAT Statistics for 2022

Clients Seen: 904

WIC 5150 holds: 202

Voluntary Transports: 110

Clients with Mental Health Concerns: 765

Substance Abuse Issues: 150

Homeless Clients: 297

Clients that accepted other services: 280

QUESTIONS

