

Mayor's Commission on Aging Meeting

Tuesday, January 12, 2016

4:00 – 5:30 PM

Janet Goeske Senior Center

Minutes:

Call to Order: 4:02 pm

Pledge of Allegiance:

Commissioners in attendance: **Julie Brown-Tartaglino, Grosvenor (Bud) Fish, Irene Weir, Madeline Pruett, Bob Reeves, Sandy Tarmo, Cyndi Pardee, Cheryl Tavaglione and Vicki Broach**

Guests in attendance: **Rose Andrade, Lovelyn Razzouk, Richard Marten, Rich Gardner, Jamie Feist and Kate Panepinto**

Approval of Minutes:

Bob Reeves 1st and Cyndi Pardee 2nd all others agree

Rose Andrade – introduced herself and explained her previous experience

Richard Gardner - thanked commissioners and all that is being done to support our elderly, including the support groups at Janet Goeske, also mentioned the Webinar (Alzheimer - sharing of ideas) on Wednesday, January 27, 2016 at City Hall.

Kate Panepinto - Resource Manager @ Janet Goeske 5 months in Riverside enjoys working with seniors – point person for annual Senior Conference at Janet Goeske

Richard Marten – was grateful to attend the meeting – suggested for all to read the “Psychology of aging Book”

Lovelyn Razzouk – grateful for the invite to attend the MCOA meeting – shared with all that LSU Music dept. invites all seniors in our city to come to their music dept. and enjoy their concerts or the opportunity to learn an instrument.

Irene Weir – discussed Senior Citizen Day, awards ceremony and the need for a designated \$ amount to be set aside each year for this event and the need to plan for this event.

Suggestions:

1. City Council to nominate their individual senior
2. Reducing costs for this event might involve baking cookies, etc.
3. Senior Day Committee – Bud, Shari, Cheryl, Irene (as advisor for now)

Bob Reeves - suggested the city put on a neighborhood facilitator training event. Also, no luck with the Gardening at Dales Senior Center. He introduced FSA (Mobile Fresh Bus) to the residents at Mt. Rubidoux Manor.

Bud Fish - extremely busy holiday season, distributed lots of food to those in need, participating with our Lady of Perpetual Help. Also, participates with Meals on Wheels.

Sandy Tarmo (Chair) - discussed item # 3 on the agenda – scheduling future 2016 meeting locations:

1. February 9th - Dales Senior Center
2. March 8th - Janet Goeske Senior Center
3. April 12th - Stratton Center
4. May 10th - Villegas Senior Center
5. June 14th - La Sierra Senior Center
6. July 12th - Orange Crest Senior Center
7. August 9th - Janet Goeske Senior Center
8. September 13th - Dales Senior Center
9. October 11th - Stratton Center
10. November 8th - La Sierra Senior Center
11. December 13th - open

Sandy Tarmo - suggested the commission have 3-4 speakers per year, items to include: financial planning, fraud, etc.

Bud Fish – speaker topics to include: Hospice, Burial, etc.

Cheryl Tavaglione – topics: Grandparents raising their grandkids

Vicki Broach – long term ins. for our seniors

Sandy Tarmo – discussed item # 4 on agenda - fundraiser event: Sandy received a proposal from Janice Bielman (Meals on Wheels) outlining her ideas for this event. A day of May 14th was suggested.

Madeline Pruett - made a motion to create a committee that could be used to select a fundraiser event that would be viable. Maddie 1st and Cheryl 2nd and all others agreed

Sandy Tarmo - item # 5 on agenda - Shari to chair Senior Citizen Day and Bud/Cheryl to assist.

Madeline Pruett - no updates on the Golf Carts at this time – Bud to provide an update at our next meeting. Mayor Bailey had suggested a hike up to Mt. Rubidoux event for our seniors. Maddie will not continue as chair and so, Bud, Julie and Vicki will work this event.

Sandy Tarmo - asked the commission what future events do they want? The following events that are currently in discussion include:

1. Senior Citizen Day
2. Mt. Rubidoux event
3. Purple Boat Float event – November

Sandy Tarmo – Committee selection

1. Sandy Tarmo (Chair)
2. Bud Fish (first chair)
3. Bob Reeves (second chair)

8 in favor and 1 against (Maddie)

Sandy Tarmo - Meeting Adjourned @ 5:34 pm