



COMMISSION ON AGING MINUTES

MONDAY, SEPTEMBER 15, 2025, 4:00 P.M.
PUBLIC COMMENT IN PERSON/TELEPHONE
ART PICK COUNCIL CHAMBERS – CITY HALL
3900 MAIN STREET, RIVERSIDE, CA 92522

PRESENT: Chair Carmen Roberts, Vice Chair Diane Kwasman, Commissioners Jane DuBois, Nora Moti, Joyce Clarke, Deborah Kelley, Pamela Bash, Victoria Dove, Lori Pendergraft

ABSENT: Commissioner Don Coon

STAFF PRESENT: Pamela Galera, Summer Cremo, Marnie Smith, Veronica Cortez, Sandra Campbell

Chair Roberts called the meeting to order at 4:05 p.m.

PUBLIC COMMENT

There were three participants who addressed the Commission on Aging (COA):

- Veronica Cortez, Recreation Services Coordinator with Parks, Recreation and Community Services Department shared information on upcoming events for seniors at Villegas Park.
- Shari Fleischman representing the Inland Dementia Care Center and with the Purple Boat Float, provided updates on upcoming Inland Dementia Care events.
- Darlene Merkler from Inland Caregiver Resource Center, a nonprofit agency fully funded by state grants, announced the organization's 40th anniversary and shared information about free services available to seniors through grant funding.

PRESENTATION

BLUE ZONES PROJECT

Paloma Montes, Blue Zones Project Public Policy Lead, delivered a presentation on the Blue Zones Project, Live Better, Longer.

CONSENT CALENDAR

The following matter(s), presented to the Commission on Aging on the consent calendar for consideration, were approved by one motion affirming the action appropriate to the item(s):

MINUTES

The minutes of the meeting on August 18, 2025, were approved as presented.

ATTENDANCE

The Commission on Aging recorded the absence of Commissioner Moti from the August 18, 2025, meeting as excused.

The Commission on Aging recorded the absence of Commissioner Kelley from the August 18, 2025, meeting as excused.

Motion: Dove
 Second: Kwasman
 Abstain: Moti, Kelley
 Ayes: DuBois, Clarke, Bash, Kwasman, Roberts, Dove, Pendergraft
 Absent: Coon

COMMUNICATIONS

AD HOC COMMITTEE UPDATES

- I. Housing – No report.
- II. Senior Health – No report.
- III. Events:
 - The committee held a meeting to discuss Holiday Cards project.
 - Communication was made with La Sierra Senior Center regarding the Holiday Party scheduled for December 18, and the COA is confirmed as participants.
 - Contact made with the Villa and Magnolia Convalescent homes regarding their respective Holiday Parties. Dates have not yet been determined; updates will be provided once confirmed.
- IV. Environment:
 - Commissioner Dove attended the Extreme Heat Summit and shared information on ways to assist seniors in staying safe and cool during extreme heat conditions.
- V. Mobility – No report.

UPDATES OF EVENTS OR MEETINGS ATTENDED BY COMMISSIONERS

- Commissioners DuBois attended:
 - August 19, Aquamotion Luncheon
 - August 21, AT&T Technology Learning at the Janet Goeske Center
 - September 11, delivered a presentation on the Blue Zones Project to the Kiwanis Club
 - September 12, California Air Resources Board's Extreme Heat Summit
- Commissioner Clarke attended:
 - August 20, Senior Expo at Villegas Park
- Vice Chair Kwasman attended:
 - August 20, Senior Expo at Villegas Park
 - August 21, AT&T Technology Learning at the Janet Goeske Center
 - August 22, Talent Show at the Janet Goeske Center.
 - September 4, Riverside Community Services Foundation meeting
 - September 6, Jesus Duran Eastside Library Groundbreaking from 10-11 a.m. at Bobby Bonds Park
 - September 8, Committee meeting
 - September 9, trimmed dead rose buds at City Hall to prepare for the Wall of Honor on September 11
- Chair Roberts attended:
 - August 26, Luau Potluck at Bordwell Park
 - August 26, Bordwell Advisory meeting from 11 a.m.-12 p.m. at Bordwell Park
 - August 28, Bordwell Gym Groundbreaking from 9:30-10:30 a.m. at Bordwell Park

- September 3, Dario Vasquez Park Playground Grand Reopening from 3:30-4:30 p.m. at Dario Vasquez Park
- Commissioner Dove attended:
 - August 20, Senior Expo at Villegas Park
 - August 21, Sean Mill Ward 5 Townhall Meeting from 6-8 p.m. at Hunt Park
 - August 28, Bordwell Gym Groundbreaking from 9:30-10:30 a.m. at Bordwell Park
 - September 6, Jesus Duran Eastside Library Groundbreaking from 10:00-11:00 a.m. at Bobby Bonds Park

ITEMS FOR FUTURE MEETINGS

- Vice Chair Kwasman requested an update on the Budget.
- Commissioner Dove requested an update on the recommendations sent into the Governmental Processes Committee and an update on the Standardized Governance Framework.

ANNOUNCEMENTS

- Introduction of new Recreation Supervisor Summer Cremo who will oversee the Senior Centers, the Senior Master Plan and CAPRA
- Commissioner Bash announced:
 - September 22, Riverside Connect, Free Ride Day
- Commissioner Clark announced:
 - October 15, Fifty & Better Health Fair, from 10 a.m.–2 p.m. at the Janet Goeske Center
- Commissioner Dove announced:
 - October 30, Senior Resource Fair & Dance, from 11 a.m.- 1 p.m. at the Riverside Convention Center, 3637 Fifth St. Riverside, CA 92501
- Commissioner Pendergraft announced:
 - October 25, Aquathon, from 9 a.m.-12 p.m. at Shamel Park and is free to attend.

The next meeting is scheduled for 4:00 p.m. Monday, October 20, 2025.

Chair Roberts adjourned the meeting at 5:23 p.m.

Respectfully submitted,



SANDRA D. CAMPBELL
Sr. Administrative Assistant