

# COMMISSION ON AGING MINUTES

Monday, March 17, 2025, 4:000 P.M. Public Comment in Person/Telephone Art Pick Council Chambers – City Hall 3900 Main Street, Riverside, CA 92522

| PRESENT: | Vice Chair Carmen Roberts, Commissioners Nora Moti,<br>Lori Pendergraft, Joyce Clarke, Victoria Dove, Deborah Kelley,<br>Pamela Bash |
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| ABSENT:  | Chair Jane DuBois, Commissioners Diane Kwasman, Kittie<br>Aleman   |
|          | Pamela Galera, Noemi Lopez, Stephanie Gallegos, John Burnett,<br>Marnie Smith, Sandra Campbell, Neftaly Lara                         |

Vice Chair Roberts called the meeting to order at 4:03 p.m.

## **ELECTION OF CHAIR**

Commissioner Pendergraft made a motion for Vice Chair Roberts to be Chair for the upcoming term. Vice Chair Roberts accepted.

Motion: Pendergraft Second: Kelley Ayes: All

# **ELECTION OF VICE CHAIR**

Commissioner Clark made motion for Commissioner Kwasman to be Vice Chair for the upcoming term. Commissioner Kwasman was absent but accepted nomination at the January 29, 2025, Commission on Aging meeting.

Motion: Clark Second: Pendergraft Ayes: All

## PUBLIC COMMENT

There was no one wishing to address the Commission, and no e-comments were received prior to the start of the meeting.

## PRESENTATION(S)

RECOGNITION OF COMMISSION ON AGING CHRISTMAS CARD ARTIST Commissioner Kelley acknowledged Betty Gaglio for creating the front of the card and Rebecca Loomis for creating the inside of the card. Director Pamela Galera presented certificates to each artist.

BOARDS AND COMMISSION ATTENDANCE POLICE REVIEW

Recreation Supervisor Stephanie Gallegos reviewed the Boards and Commission Attendance Policy.

#### CONSENT CALENDAR

The following matter, presented to the Commission on Aging on the Consent Calendar for consideration, were approved by a motion affirming the action appropriate to the item:

### MINUTES

The minutes of the meeting on January 29, 2025, were approved with corrections suggested by Commissioner Dove to changed attended to will be attending the State of the City with the Mayor.

Motion: Dove Second: Clark Ayes: All

#### **DISCUSSION CALENDAR**

### ATTENDANCE

Following discussion, it was motioned to record the absence of Commissioner Aleman from the November 18, 2024, regular meeting as unexcused.

Motion: Bash Second: Kelley Ayes: All

Following discussion, it was motioned to record the absence of Commissioner Aleman from the January 29, 2025, special meeting as unexcused.

| Motion: | Kelley |
|---------|--------|
| Second: | Bash   |
| Ayes:   | All    |

Following discussion, it was motioned to record the absence of Commissioner Moti from the January 29, 2025, special meeting as excused.

Motion: Bash Second: Kelley Ayes: All Obtained: Moti

## **COMMUNICATIONS**

## AD HOC COMMITTEE UPDATES

- I. Housing No report.
- II. Senior Health No report.
- III. Events
  - a. Event focusing on Health and Alpha Care, there will be health screening, dancing, food, music, raffles and face painting. This event is for young and old. It will be held on March 22, 2025, 12-3 p.m. at Parkview Hospital.
  - b. Presentation on the Blue Zone Project and Luncheon will be held on March 25, 2025 at Hyatt Place Riverside.

- c. Riverside Medical Clinic is having a Senior Patient Health Fair. There will be annual screenings, blood pressure checks, flu and phenomena immunizations, health education, A1-C checks, mammo, colorectal test, diabetic eye exams and availability to sign up for Healthy Connection. This will be held on April 12, 2025, from 9 a.m.–12 p.m. at Riverside Medical Clinic, Brockton Medical Building.
- IV. Environment Fire Chief spoke to group on fire safety for the community. It was recommended to clear around homes. There will be a project to assist the community in clearing brush.
- V. Mobility No report.

UPDATES OF EVENTS OR MEETINGS ATTENDED BY COMMISSIONERS

- Chair Roberts, and Commissioner Bash attended the Blue Zones Conference on Monday, January 27, 2025.
- Chair Roberts, Commissioners Bash, Kelley, Clarke, Kwasman, Pendergraft, Dove and Moti attended the Galentine's Day Women's Health Event on Wednesday, February 19, 2025, from 9 a.m.–2 p.m. at the Janet Goeske Center.
- Commissioners Clarke and Bash attended a Heart Monitor Doctor Talk on Thursday, February 20, 2025, at Parkview Hospital.
- Commission Kelley attended a presentation on Human Trafficking, did not include date.

ITEMS FOR FUTURE MEETINGS None at this time.

ANNOUNCEMENTS None at this time.

The next Commission meeting is scheduled for 4:00 p.m. Monday, April 21, 2025.

Vice Chair, Clarke adjourned the meeting at 4:38 p.m.

Respectfully submitted,

SANDRA D. CAMPBELL Sr. Administrative Assistant