

Nutrient Specifications

Beverages

Beverages offered in each vending machine shall meet all the following criteria:

- Fruit-based and vegetable-based drinks that are at least 50% fruit or vegetable juice without added sweeteners and do not exceed 12 fluid oz
- Water, including carbonated water products, with no added sweetener
- 2%, 1%, and nonfat milk with less than 3 grams of saturated fat per 8 oz, less than 38% calories from fat, less than or equal to 13 grams of sugar per 8 oz, and does not exceed 12 fluid oz
- Calcium fortified soy milk, almond milk, rice milk, and other similar plant-derived milk beverages without added sweetener. For every 8 ounces, less than 12 grams of naturally-occurring sugar; at least 6 grams of protein; at least 250 mg of calcium; and less 5 grams of fat
- All other beverages that are low calorie (40 calories or less per container)
- 100% vegetable juice (limited to a maximum of 12-ounce container, no added sweeteners, and less than 230 milligrams of sodium per 8 ounce serving)

Snacks

Snack food items offered in each vending machine shall meet all the following criteria for each individual package:

- No more than 200 calories
- No more than 35% calories from fat (excluding legumes, nuts, nut butters, seeds, trail mixes which include nuts, eggs, non-fried vegetables, and cheese packaged for individual sale)
- No more than 10% of calories from saturated fat (excluding eggs or cheese packaged for individual sale)
- No trans fats
- No more than 35% sugar by weight (not including any fruits and vegetables processed without sugar; canned fruit must be packed in 100% fruit juice or water)
- 1%, 2%, or fat-free yogurt with no added sweeteners
- Sodium content of 230mg or less per portion as packaged

Additional Criteria

1. At least 1 item in all snack vending machines must meet the FDA definition of "low sodium" (less than 140 mg of sodium per serving for a snack). The lower sodium item should be identified on a label or sign visible from the vending machine window.
2. At least 1 item in all snack vending machine should contain at least 5 grams of dietary fiber per serving. The higher fiber item should be identified on a label or sign visible from the vending machine window.
3. Vending machine promotional advertisements shall only promote items that meet the nutritional standards outlined above.