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2022 Alzheimer's Disease Facts & Figures




1 in 3
seniors dies with Alzheimer's or another dementia



In 2020, COVID-19 contributed to a **17% increase** in Alzheimer's and dementia deaths

Between 2000 and 2019, deaths from heart disease have **decreased 7.3%**




More than 6 million Americans are living with Alzheimer's

It kills more than **breast cancer and prostate cancer combined**

while deaths from Alzheimer's disease have **increased 145%**

Over **11 million** Americans provide unpaid care for people with Alzheimer's or other dementias



These caregivers provided more than 16 billion hours valued at nearly **\$272 billion**

More than **80%** of Americans know little or are not familiar with mild cognitive impairment (MCI), which can be an early stage of Alzheimer's.

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TYPES OF DEMENTIA

Dementia is an umbrella term for loss of memory and other thinking abilities severe enough to interfere with daily life.

- Alzheimer's
- Vascular
- Lewy body
- Frontotemporal
- Other, including Huntington's
- * **Mixed dementia:** Dementia from more than one cause

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Healthy Behaviors for Your Brain

GET MOVING	EAT HEALTHY	GET A GOOD NIGHTS SLEEP
		
HEART HEALTH	QUIT SMOKING	PROTECT YOUR HEAD
		

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Help Us Fight Alzheimer's Disease



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As an Individual

Share your personal story as an advocate or Alzheimer's Association Representative.

Help your neighbors by providing education or a support group.

Get involved in clinical trials or a research study.

Start a fundraising team.



As an Organization / Group / Business

Start a team for Walk to End Alzheimer's, The Longest Day, RivALZ or Ride to End ALZ

Host an educational program or community listening session.

Share resources with your business associates, neighbors and friends.



For You and Your Family

Our 24/7 Helpline
800.272.3900

www.alz.org

Education

Support

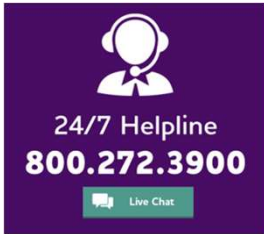
Caregiving Resources

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How We Can Help



24/7 Helpline

The Alzheimer's Association 24/7 Helpline ([800.272.3900](tel:800.272.3900)) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.



Free Education

Find dementia and aging-related resources that connect individuals facing dementia with local programs and services at alz.org.



Alzheimer's Association & AARP Community Resource Finder

Get easy access to resources, community programs and services in your local community at communityresourcefinder.org.

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Thank you!

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