"Pro Health and Wellness emerged from the foundation of ProFitness4Health. Our Founder and CEO, Greg English, brings over 40 years of experience working with individuals with disabilitie

## Contact Us

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# Pro Health & Wellness

Greg English CEO & Founder

Affordable Therapy
Rehabilitation Services

# About Us

Pro Health and Wellness was founded with a vision to provide accessible therapy to individuals in need who are unable to afford it due to financial constraints or limited insurance coverage. We firmly believe that everyone, regardless of their financial situation, deserves access to essential rehabilitative services that can significantly enhance their quality of life. Pro Health and Wellness is an organization that has professional and skilled rehabilitation specialists lead by Our program operates on the principles of unity and community support. Through the generous contributions of donors and grants, we will be able to offer free to low-cost rehabilitation

By highlighting the transformative power of generosity and community support, we hope to ignite a ripple effect of positive change that transcends boundaries and touches the lives of countless individuals.

# We treat a variety of medical conditions

# Our Services

## How we help

- Customized workout plans that helps recover you from your illness or accidental injury so you can move with less pain and more easily.
- Reduces pain so you can enjoy life without experiencing any discomfort and become more active.
- Enhances your coordination for easier movement and better mobility.
- Makes your muscles stronger so you are less at risk of accidents or falls.

## Specialized Programs

Individual Rehab Therapy with one on one personalized exercise sessions that are tailored for specific needs

# Cost

Through the generous contributions of donors and grants, we will be able to offer free to low-cost rehabilitation therapy sessions to those who would otherwise be unable to afford them