



Meridian Gardens of Riverside



Riverside Pride Success Report
Ward 7

Meridian Gardens of Riverside Memory Care



- Previously known as Arlington Commons
- Strictly for memory care
- Provide medical assistance, mental assistance and memory care for their residents
- Comprehensive activities and social programs

"Everyone Deserves a Great Life!"

At the Gardens

- Companion and private room accommodations
- Reading program
- Western Day
- Church service
- On site hair salon/barber shop
- Scenic drives provided by staff
- Picnics



Meridian Gardens Staff

- Care staff is available 24/7
- Med. Tech present 24/7
- Wellness Director
- Executive Director that oversees the daily operations of the community



Staff



Staff engages with the residents daily

Montessori: Memory Care Program



- Montessori based dementia program
 - Research based method of working with older adults with dementia
 - Encourages purposeful living for seniors while interacting positively within their environment
- Validation therapy

Community Involvement



- Part of the Purple City Alliance
- Offers internships/ volunteer hours for La Sierra University Students
- Receive clinical help from North-West College nursing students
- National Night Out participant



