




Fit, Fresh, & Fun Riverside



Mission

The City of Riverside supports a healthy environment which encourages residents to seek Fit, Fresh, and Fun alternatives for a healthy lifestyle.

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Fit, Fresh, & Fun Riverside Priority Areas












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Start R.I.G.H.T.

Riverside is getting healthy together

2017 RESULTS

- Registered Users : 1,367
- Activities Entered: 11,585
- Body Measurements Entered: 740
- Goals Entered: 1066
- Participating Neighborhoods: 26
- Hours of Activity: 1,090



My Activity Chart



My Activities

Date	Activity Type	Distance	Time
10/10/2017	Hike	0.2	1:15
10/10/2017	Strength Training	0.2	15:10
10/10/2017	Running	0.2	15:10
10/10/2017	Walking	1.2	15:10

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2017 RESULTS

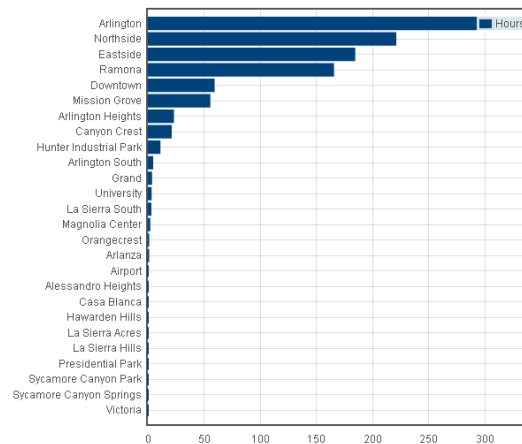
Active Neighborhoods

- 1st - Arlington
2nd - Northside
3rd - Eastside

Most Active School

Fremont Elementary \$500

Total Hours of Activities - Neighborhoods



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2017 RESULTS

- Anita Inzunza,
Most Weight Loss, \$500
- Leona Perry
Most Active, \$300
- Susanna Wintrago
Random Drawing, \$300



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• Closing Event

- California Citrus State Historic Park in partnership with their "Glean and Clean" Earth Day Event

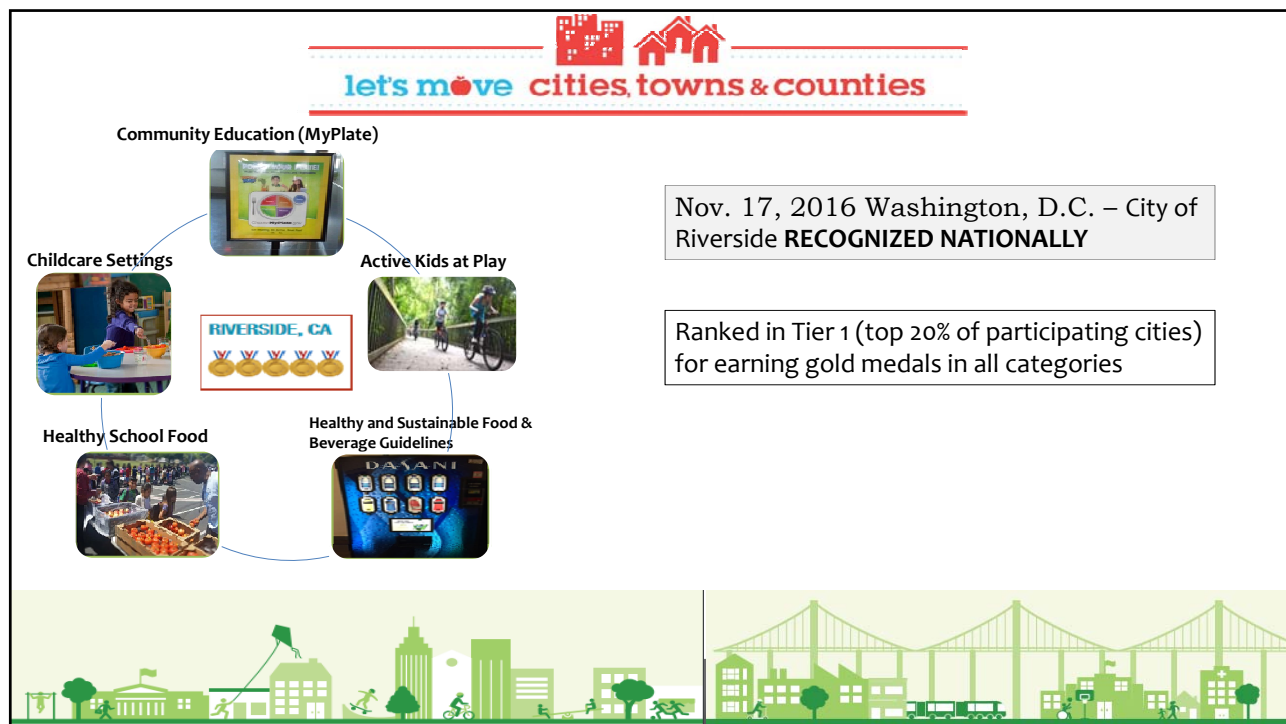
• Sponsors included:

- A Taylored Body
- Anytime Fitness
- Athletics United
- Curves on Main
- Fitness 19
- Icetown Riverside
- Reveille Yoga
- CrossFit Kindle
- Fit One Foundation



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RECOMMENDATION

That the City Council receive and file the report regarding the Fit, Fresh, Fun Riverside updates.

