



**LoRalie MacGregor and MaKenzie MacGregor  
2019 U.S. Open National Taekwondo Champions**

Ward 7 Success Report

August 20, 2019

**LoRalie MacGregor and MaKenzie MacGregor  
2019 U.S. Open National Taekwondo Champions**



# Rankings

## FEMALE CADET BLACK BELT -44KG

Rank	Name	Region	State	City	Coach	Club	Points
1	MacGregor, Makenzie	Region 2	California	Riverside	Robert Morales	Knockout Martial Arts (4055)	610.1
2	Shao, Christie Audrey	Region 7	New Jersey	Morris Plains	Giduk Gun	Apex Tigers Martial Arts Taek...	435.0
3	Pae, Samantha	Region 2	California	Fullerton	Gergely Salim	Sailm's Taekwondo Center (2...	424.6
4	Scarborough, Shea	Region 5	Ohio	Hamilton	Christina Bayley	Total Taekwondo & Fitness, L...	368.0
5	Loya, Victoria	Region 2	California	Citrus Heigh...	Clinton Robinson	Robinson's Taekwondo (6445)	275.6
6	Kim, Danielle	Region 7	New Jersey	Livingston	Byung Kim	World Champions "K" Taekwo...	272.1
7	Chua, Chloe	Region 2	California	Clovis	Celso Matthew Chua	Hollywood Martial Arts Studi...	265.8

## FEMALE CADET BLACK BELT -37KG

Rank	Name	Region	State	City	Coach	Club	Points
1	MacGregor, Loralee	Region 2	California	Riverside	Robert Morales	Knockout Martial Arts (4055)	598.9
2	Chan, Kaelin	Region 2	California	San Jose	TJ Curry	Precision Martial Arts and Fit...	540.5
3	Choe, Claire	Region 7	Virginia	Lorton	Jonathan Yoo	Yoo's Taekwondo (84)	469.8
4	Lopez-Presher, Nickie	Region 8	New York	Brooklyn	Joseph Froman	Brooklyn TKD (6633)	436.4
5	Heinrichs, Alana	Region 5	Illinois	Buffalo Grove		Non-Affiliated - Illinois (73)	424.8
6	Guerbi, Lynn	Region 8	New York	Woodside	Harpreet Singh	Non-Affiliated - New York (697)	355.5
7	Dilag, Shelley Jocel	Region 2	California	Corona	Walter Vargas	Quest Taekwondo (5400)	337.0
8	Shiba, Maggie	Region 2	Utah	Fruit Heights	Will Pace	Shiba Taekwondo (6928)	261.7
9	Crise, Addisyn	Region 1	Oregon	Happy Valley	Shon McClements	Non-Affiliated - Oregon (1710)	234.7
10	Ibarra, Giselle	Region 4	Texas	Houston	Jesus Armendariz	Non-Affiliated - Texas (1081)	234.1

# Taekwondo Resume

## LoRalie MacGregor

- ▶ **2019 Competitions**
  - US Open Championships Las Vegas NV-----Gold
  - Nevada State Championships Las Vegas-----Gold
  - Washington State Championship-----Gold
  - California State Championship-----Bronze
  - Utah State Championship-----Silver
  - **USA team member Pan American Championships**
  - Pan Am Cadet & Junior Championships-----Bronze
  - US National Championships Minnesota-----Gold
  - **USA National Team Member**
  - Qualified for World Championships, withdrew
- ▶ **2018 Competitions**
  - US open Las Vegas NV-----Silver
  - Nevada State Championships-----Gold
  - California State Championships-----Gold
  - AAU qualifier-----Gold
  - US National Championships Salt Lake City---Gold
  - World Taekwondo Pan Am Festival Las Vegas---Gold
  - Las Vegas open-----Gold
- ▶ **2017 Competitions**
  - Nevada State Championships-----Gold
  - International Taekwondo festival-----Gold

## MaKenzie MacGregor

- ▶ **2019 Competitions**
  - US Open Championship Las Vegas NV-----Bronze
  - Nevada State Championship Las Vegas-----Gold
  - Washington State Championship-----Gold
  - California State Championship-----Gold
  - **California State Team Member, Cadet**
  - Utah State Championship-----Gold
  - Metro Open International (USAT10.0) -----Gold
  - US National Championship Minnesota-----Gold
  - **USA National Team Member**
  - Qualified for World Championship, withdrew
- ▶ **2018 Competitions**
  - US open Las Vegas NV-----Gold
  - **All American Athlete-----2018**
  - Nevada State Championships-----Gold
  - Washington State Championships-----Gold
  - California State Championships-----Gold
  - **California State Team Member, cadet**
  - AAU qualifier-----Gold
  - US National Championships Salt Lake City-----Bronze
  - World Taekwondo Presidents cup Las Vegas-----Gold
  - **Wild card recipient at Presidents cup**
  - Bi-Nationals TJ Mexico-----Gold
  - Las Vegas open NV-----Silver

\*Resumes had to be reduced due to length

## In Action!



It is a full contact sport with head shots!

Both sisters got their start in taekwondo 8 years ago with the City of Riverside Parks and Recreation Department.



## In Action!



## Choppin' It Up with Loralie Lynn MacGregor & Makenzie MacGregor at the 2019 National Championships



<https://www.youtube.com/watch?v=MaBmUoFpEJM&feature=youtu.be>

## 2019 U.S. Open National Taekwondo Champions

