

COMMISSION ON DISABILITIES MINUTES Thursday, July 18, 2019 5:30 PM

ART PICK CITY COUNCIL CHAMBERS, CITY HALL, 3900 MAIN STREET, RIVERSIDE, 92522 GENERAL SERVICES DEPARTMENT, 951-826-5427

MISSION STATEMENT

"The mission of the Commission on Disabilities is to promote greater awareness of, respect for, and the total participation of individuals with disabilities into all aspects of life."

State law restricts the Commission on Disabilities from taking action on an item unless it has been included on an agenda and posted at least 72 hours in advance of a meeting or unless the matter falls within one of the narrow exceptions. Consequently, any item not listed on this agenda will normally have to be delayed until the item can be made part of a posted agenda.

CALL TO ORDER: 5:30 pm

PLEDGE OF ALLEGIANCE

ABSENT: Antonia Quezada (unexcused), Sharron Lewis (excused).

Also in attendance were General Services Director Carl Carey and ADA Coordinator Monique Gordon.

1. **Public Comment Period** - This is the portion of the meeting specifically set aside to invite your comments regarding any matter within the Commission's jurisdiction. Individual audience participation is limited to 3 minutes.

Former Commissioner Keith Nelson announced the Inland Regional Center's annual Community Fall Festival, Resource Fair and Carnival which will take place on Sunday, October, 2019 on Main Street and University Avenue in downtown Riverside. This event is open to the public for the first time and is focused on interaction with the community at large. This is an event focused on inclusion between the developmentally disabled community and the community at large. The event will be from 9 to 2.

PRESENTATIONS

2. Presentation from the Riverside County Office on Aging about the network of services and support provided to a rapidly aging population.

Mary Hrinko, Program Specialist for the Riverside County Office on Aging (RCOA), provided information about the programs and services provided by the RCOA. The RCOA serves as

the area agency on aging for all of Riverside County. RCOA is one of 33 area agencies on aging within the state of California. Aging services are available across the nation.

Statistics on aging: There will be a huge increase in the number of seniors in the next 40 years. Currently the percentage of Americans age 65 and older has tripled since 2000, from 4.1% of the population to over 12%. By 2030, adults over the age of 65 will be 70 million, or 20% of the population, and represent 1 in 5 Americans. Those over 85 are expected to be the fastest growing segment of the population. Specifically in California, between 2010 and 2030, there will an increase of 70% in the age bracket of 85 years and older. In Riverside County (Rivco) by 2060, those over age 85 will increase by 433%.

The RCOA provides over 24 different programs to assist older adults and their family caregivers so they can remain independent and living in their own homes and communites as long as possible. All services are free to those who meet the minimum qualifications.

Health and wellness, meal services, health and nutrition education and mental health screenings are available. Some of the outreach and community education through the Information Van and other outreach presentations in the community are available to various audiences: churches, senior groups, community living centers and others to discuss services available and related issues of interest. There are social engagement, community activities, and employment opportunities for those over 55. There are options in counseling such as health insurance, advocacy programs, and information about medicare and options. There is also transportation assistance and elder abuse prevention education.

Direct services such as care coordination and case management programs cover a wide spectrum of clientele, serving those over 65 on Medical. The intent is to keep clients out of institutions and at home as long as possible. For those over the age of 18, who are at risk of institutionalization, extra assistance is provided so they can stay in their homes as long as possible. There is also the family caregiver support program which helps caregivers of parents. Respite care is also available.

RCOA's main focus is advocacy, supporting seniors so they can stay independent as long as possible.

3. Presentation from Blindness Support Services about promoting the independence and selfreliance of individuals who are blind and visually impaired.

This presentation will be carried over to the September 19, 2019 meeting due to illness of the presenter.

DISCUSSION CALENDAR

This portion of the Commission on Disabilities Agenda is for all matters where staff and public participation is anticipated. Individual audience participation is limited to 3 minutes.

4. Annual review of the 2019 Code of Ethics and Conduct.

The Chairperson will attend this meeting and provide any suggestions about changes to the City's Code of Ethics and Conduct Policy.

5. Minutes for the meeting of July 18, 2019

M/S Nelson/Lopez and unanimous to accept the minutes as presented.

AYES – 7 (Alexander, Krick, Davis, Nelson, Aleman, Foust, Perkins); NOES – 0; ABSTAIN – 0; ABSENT – 2 (Quezada, Lewis).

COMMUNICATIONS

- 6. Brief reports on conferences, seminars, meetings attended by Commission on Disabilities Members.
 - a. Commissioner Davis informed the COD about his June 12, 2019 attendance to Southern California Community Gathering at the Hyatt Hotel. He shared that the meeting was geared toward restaurant owners to help them recognize the needs of individuals with disabilities. There are 5 titles in the ADA, one is directed to establishments serving food and drink, Title III, and describes public accomodations and services operated by private entities. Many restaurant owners were in attendance. A toolkit was provided so for attendees. The sponsors of the event were Senator Ross and the California Commission on Disability Access (CCDA).

Commissioner Aleman attended the same meeting and noted it was a good, very informative meeting. One of the best things about the meeting were speakers with various disabilities were in attendance to explain how non-compliance with Title III can negatively impact their experience as customers.

- b. Commissioner Krick commented on the HICAP presentation from the May meeting. He noted that as he was in the process of retiring, he had problems with Social Security and Medicare, so he called HICAP. He made an appointment and a representative walked him through every single issue. It is an excellent program and he would like more people to hear about this service
- c. Chairperson Alexander noted he and his family attended the California Hands and Voices Deaf and Hard of Hearing camp. The Camp was in San Diego County near Lake Henshaw. There are two schools for the deaf and hard of hearing in California, one in Northern California and one in Riverside. This was a family event and there was a full agenda with a number of speakers for the benefit of parents. While the parents were listening to the presentations, the children were experiencing various events such as archery and fishing. He would highly recommend this camp for families with children who are deaf or hard of hearing. This was the 20th anniversary celebration of the camp.

Items for Future Consideration:

- a. Presentations about employment and disabled youth. Invite Parks and Recreation.
- b. Update of employment PSA.
- c. Update of brochures.
- d. Make COD members available to provide presentations for other groups.
- e. Going before Council to let them know what is happening with the COD Quarterly
- f. Agenda item to discuss how the COD can be more public.
- g. What happens when a child / adult with disabilities is arrested? Invite a representative from the Riverside Police Department.

ADJOURNMENT: 6:08 pm

The next regularly scheduled meeting will be Thursday, November 21, 2019, Art Pick Council Chambers, 5:30 pm.