

February 6, 2020

Proposed Use: Adult Day Health Care Center
Project Address: 3610 Park Sierra Drive, Riverside, CA 92505

Dear Reviewer:

We are applying for Conditional Use Permit on the property located at 3610 Park Sierra Drive, Riverside, CA 92505. The proposed use will be Adult Day Health Care Center for 180 participants. These are repeating customers who attend our center on a daily basis. The attendance period for each participant depends on insurance approval and/or private customer contract that are approved for minimum of 6 months. All participants must be 18 years or older to qualify for our services but in general most of the participants are 55 or better.

Proposed hours of operations are 7:00AM – 5:00PM daily with following schedule:

7:00AM – 8:00AM – Preparation
8:00AM – 9:00AM – Participants Arriving
9:00AM – 3:00PM – Program Hours
3:00PM – 4:00PM – Participants Leaving
4:00PM – 5:00PM – Cleaning/Maintenance

Program services include:

- Adult Day Health Care services or Community Based Adult Services that provide daily activities for eligible older adults and seniors with disabilities to help prevent institutionalized medical intervention and promote active life.

- Led by Program Director and Activity Coordinator our participants will enjoy individualized activity program that considers each person's preferences and strengths. The large main activities' room will be used for various group activities and food service. Activities will include arts and crafts, puzzles, "brain games", chair sports, dancing, sing-along, etc. Game room and study area will be used for more quiet activities such as reading, relaxing, and enjoying music.

- The center helps its participants to restore and maintain their optimal health through occupational, physical, and speech therapies.

- Occupational Therapist will perform assessments, develop individual care plans, provide therapy and education that promotes ongoing support in activities of daily living.

- Physical Therapist will provide personalized therapeutic maintenance program and group exercise classes to maintain mobility and strengthen endurance; promoting a sense of well-being and continued health.
- Speech Therapist or Speech Language Pathologist will assess and treat participants who need help with swallowing, simple and complex verbal expression, auditory processing, voice changes, and poor speech intelligibility.

- This program also provides social services and nutrition counseling as well as professional nursing services as describe in details below:

- Social worker services will include private clinical consultation, benefits counseling, crisis intervention, home and family systems assessment, psychological first aid, and community support services linkage.
- Nutritional counseling will includes nutritional assessment and meal programs. The center will have Registered Dietician who will provided one-on-one support for meals' planning for our participants. Nutritionally balanced menu will be created to meet our participants' individual needs and preferences. All meals (breakfast, lunch and snacks) will be prepared/cooked fresh daily in our kitchen to cater needs of our participants.
- Nursing and personal care will be provided by Registered Nurses who will be present at all time during the center's operational hours. Special room for nursing will be dedicated for daily and ongoing health assessments, medication management, blood pressure, glucose monitoring, and personal care.

- Providing transportation services for participants between their residences and the ADHC Center. Almost 90% of eligible participants will be dropped-off by center managed vans and the other 10% by family members or caregivers.

- 20 employees will serve 180 participants at the full capacity.

Please do not hesitate to contact us should you have any questions.

Regards,

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