



TRAUMA INFORMED CULTURAL SENSITIVITY TRAINING RECOMMENDATION

Human Relations Commission

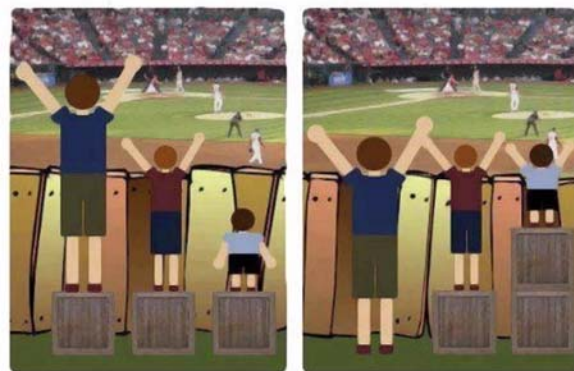
City Council
December 1, 2020

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BACKGROUND

- August 2019
 - Idea generated in Mayors Multicultural Forum
- October 2019
 - Development of training concept
- February 27, 2020
 - Presented training concept to Human Relations Commission
- July 23, 2020
 - Recommendation passed by the Human Relations Commission
- September 23, 2020
 - Discussion with Human Resources Director Rene Goldman



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TRAINING OBJECTIVE

Understanding individual and community experiences of trauma through a cultural lens and how to become better equipped to reduce cultural trauma in daily interactions



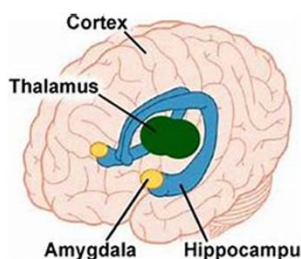
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TRAINING OVERVIEW

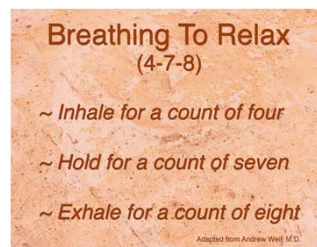
Science of
Trauma



History of
Trauma



Coping with
Trauma



Shor Denny MS, Mental Wellness and Prevention
CEO Community Now



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RECOMMENDATIONS

That the City Council:

1. Receive a recommendation from the Human Relations Commission to direct city staff to work with identified local community experts to coordinate and execute a pilot Workshop on Redesigning Cultural Capacity for City Council members, executive level city staff, and select boards and commissions.
2. Direct staff to work towards implementing mandatory Trauma Informed Cultural Sensitivity Training for City Council members, executive level city staff and selected boards and commissions.



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RECOMMENDATIONS

3. Direct staff to coordinate logistics regarding the location and timing of the seminar or integration of Trauma Informed Cultural Sensitivity training with input from local trainers to trainings currently being developed by the City's Human Resources Department in response to the Resolution of the City Council of the City of Riverside, California, finding that racism is a public health crisis.



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