



Y.A.N.A. You Are Not Alone



RIVERSIDE POLICE DEPARTMENT



Humility & Grit

HOW DID IT START?

United States Postal Services created the program in 1995

- ❖ Aide disabled persons & senior citizens who live alone to remain as independent as possible; providing a sense of emotional support & security, safety and companionship eliminating isolation & loneliness.



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HOW DOES IT WORK?

The Riverside Police Department Volunteer YANA Team

- ❖ Provides weekly phone calls to assure the clients well being and safety
- ❖ If an issue is discovered we will do our best to help resolve the problem or make community referrals to provide assistance
- ❖ If we cannot make contact with the client within 24 hours we will call the emergency contact to come to the clients home. If they cannot make physical contact we will provide uniformed personnel to do a welfare check on you
- ❖ We are currently looking for volunteers to join our YANA Team!



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WHY SHOULD I PARTICIPATE?

The Y.A.N.A Program is free to the City of Riverside population who are disabled residents or for seniors who live alone without local family support.

- ❖ receive on-going contact to include community resources and outreach
- ❖ receive emotional and spiritual support for those who are alone
- ❖ receive consistent telephone “buddy” companionship
- ❖ receive opportunities to connect with RPD volunteers who care about your welfare
- ❖ offers a sense of security and emotional peace for those who live alone and have no local family or community support circle
- ❖ This program has been credited with saving lives of numerous seniors and disabled persons across the nation



HOW TO PARTICIPATE

- ❖ Call our office at 951-826-5275 and request an application be mailed to your address or you may receive an application today fill it out and turn it in or mail it to the address provided.
- ❖ Once your application has been received our coordinator will contact you, explain how the program works & answer your questions informing you who your VOLUNTEER YANA caller will be.
- ❖ Share the benefits of this program with your buddies and pals



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GREAT BENEFITS



CONTINUED BENEFITS

Laughter
is the
BEST
medicine.

Sense Of Belonging

"YOU DON'T STOP
HAVING FUN
BECAUSE YOU GET
OLD, YOU GET OLD
BECAUSE YOU STOP
HAVING FUN!"

Encouragement



Wellbeing



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LAUGHTER WORKS!!!



We are not old!
we are recycled
teenagers :D



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QUESTIONS???

**A Little
Gray Hair
Is A Small
Price To
Pay For
All This
Accumulated
Wisdom.**

The French Quarter



**Beautiful
Young
People
Are Acts
Of Nature,
But Beautiful
Old People
Are Works
Of Art.**

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