

Inland Empire Health Plan

Overview of IEHP and the Master Plan for Aging



Inland Empire Health Plan

Who We Are



Riverside and San Bernardino County created Inland Empire Health Plan in 1996 as a Public Entity to serve as a not-for-profit Medi-Cal health plan for the Inland Empire.

IEHP Governing Board is comprised of 4 County Board of Supervisors and 3 appointed members of the public.

Mission: We heal and inspire the human spirit.

Vision Statement: We will not rest until our communities enjoy optimal care and vibrant health.

Membership: = 1,328,167, about 25% of the Inland Empire.



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Health Plan Benefits and Services



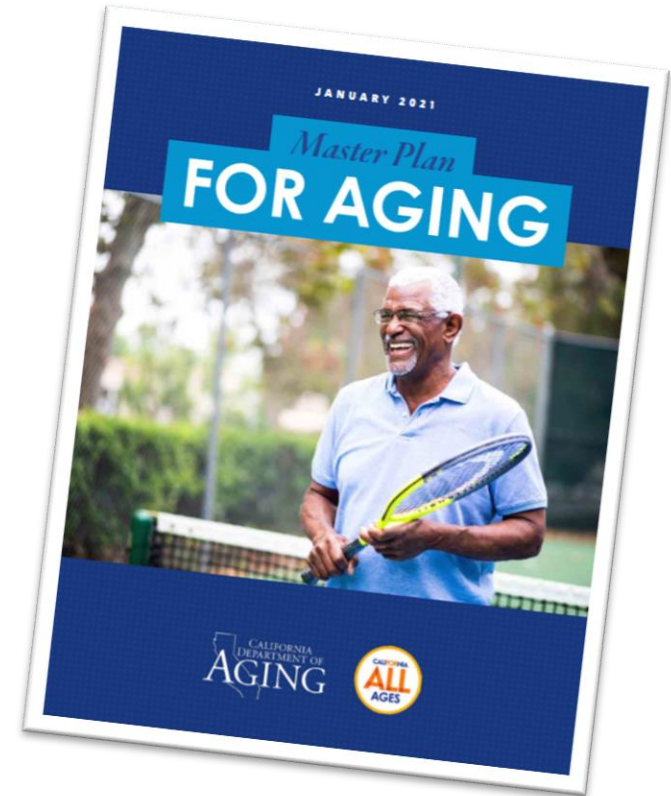
- Care Management
- Behavioral Health
- Wellness Programs/Health Education
- Community Resource Centers
- Transportation
- Support Services
 - Long-Term Service and Supports
 - Housing Program



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Overview of Master Plan for Aging

- On January 6, 2021, Governor Gavin Newsom released a Master Plan for Aging that establishes a vision for *California for All Ages* by 2030.
- 14-month planning process with stakeholder input.
- Comprehensive blueprint for public and private entities to address system issues and transform services.
- Establishes Five Bold Goals.
- Includes 23 strategies and 100+ initiatives in the first 2 years.



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Five Bold Goals for 2030



1. Housing for All Stages and Ages



2. Health Reimagined



3. Inclusion and Equity, Not Isolation



4. Caregiving that Works



5. Affording Aging

Inland Empire Health Plan Health Reimagined



“We will have access to the care and services we need to optimize our health and quality of life and to continue to live where we choose.”

Target: Close the Equity Gap and Increase Life Expectancy

1. Bridging Health Care with Home
2. Health Care as We Age
3. Lifelong Healthy Aging
4. Geriatric Care Expansion
5. Dementia in Focus
6. Nursing Home Innovation



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MPA Local Playbook

The MPA Playbook shares tools and resources from leaders everywhere to help all California communities create their own master plans for aging, disability, and dementia.

There are seven “plays” outlined, each with recommended resources and models for you to consult during your project planning implementation, and evolution.



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MPA Local Playbook

- Play One: Engage Your Local Leaders
- Play Two: Explore Local Data
- Play Three: Review Existing Local Aging Models
- Play Four: Selected your MPA Initiatives for Implementation
- Play Five: Build Your Action Plan
- Play Six: Evaluate Your Initiative
- Play Seven: Stay Connected



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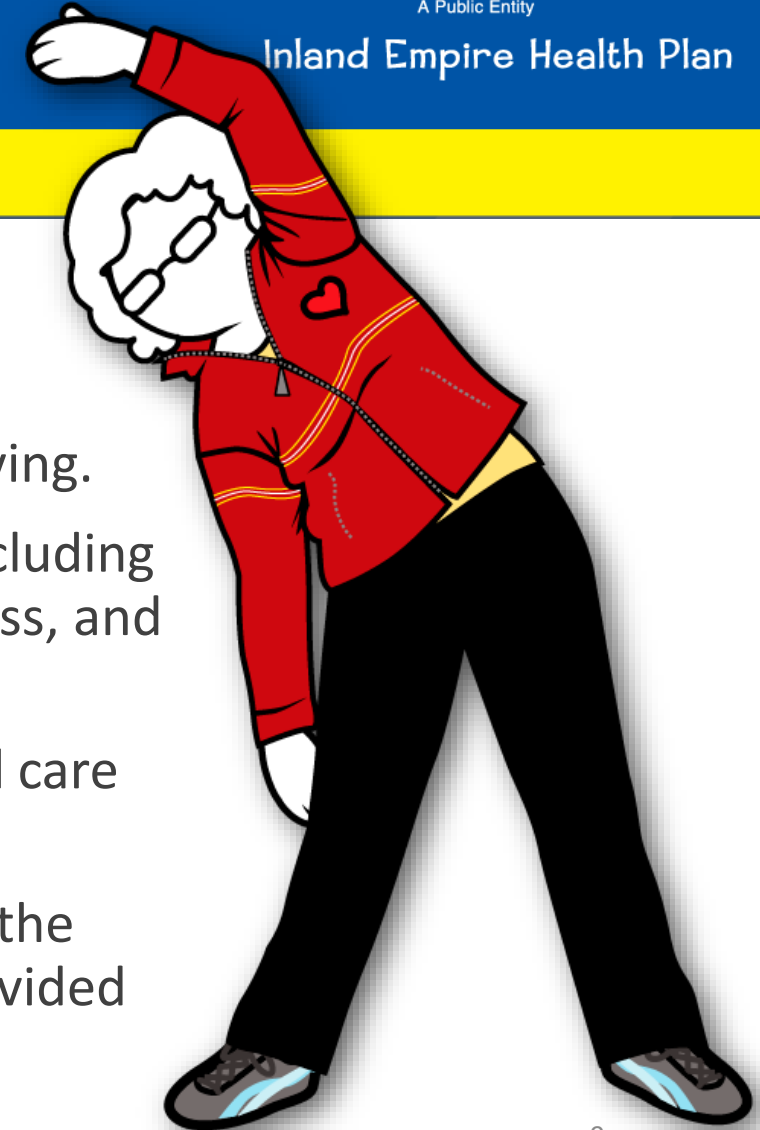
Health Reimagined, Local Model: IEHP



A Public Entity

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- Multidisciplinary Team of Social Workers, Nurses, and Care Coordinators ensure that older adults have access to member-centered, long-term support system that promotes independent living.
- Community Resource Centers offer free courses for older adults including Yoga, Line Dancing, Meditation, Health Cooking classes, Chair Fitness, and Caregiver Toolbox.
- Older Adults are screened for Alzheimer's/Dementia and individual care plans include what matters to the Member.
- Caregivers are identified, included in care planning if requested by the Member, included in the Care Team, assessed for burnout, and provided with community resources.



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Health Reimagined, Local Model: IEHP



- LTSS assessment is included in the Health Risk Assessments of older adults.
- LTSS Providers are included in weekly Interdisciplinary Care Team meetings.
- Support Services team provides wraparound services including housing to ensure older adults can age in place and transition out of skilled nursing facilities.
- Robust Stakeholder Committee with older adults, advocates, caregivers, and LTSS providers provide input to ensure seamless access and coordination across the full continuum of care.



Inland Empire Health Plan Next Steps



- Engage, sign up for updates at www.engageca.org
- Join local efforts to identify and support a local Master Plan for Aging.



Inland Empire Health Plan IELTSS Coalition Meetings



WHAT: Inland Empire Long-Term Services and Supports Coalition meetings

WHO: Local elected officials, leaders from County and community-based organizations, commissioners, board of directors, health plan representatives, and aging advocates.

WHY: Engage local leaders in identifying and developing a local MPA

WHEN: Beginning in 2022



Inland Empire Health Plan Questions or Comments?



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