



The AARP Network of Age-Friendly States & Communities:

City of Riverside-Commission on Aging

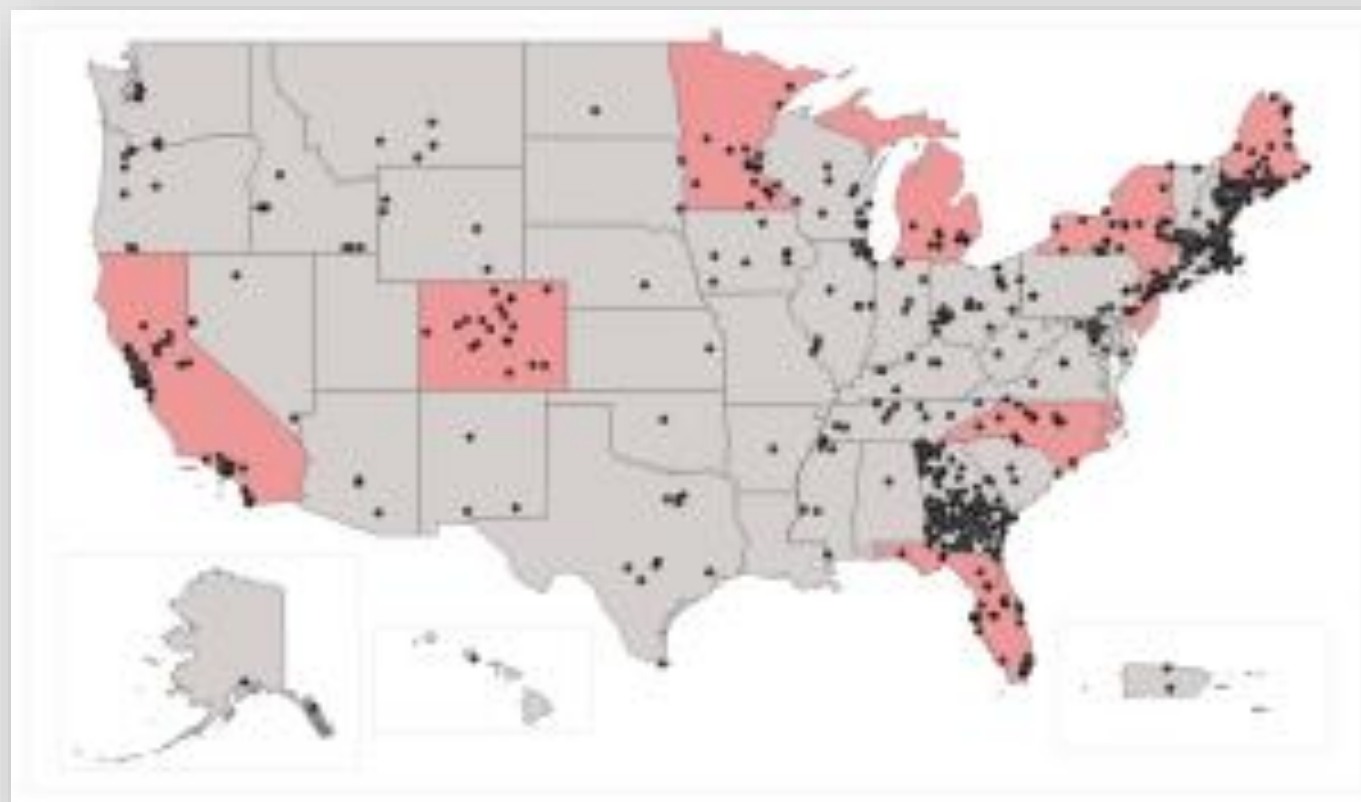
April 21, 2025

Rafi Nazarians, California Advocacy Director

Rachel Zaiden, Associate State Director



The AARP Network of Age-Friendly States & Communities (NAFSC)



What is “Age-Friendly”?

What's good for an 80-year-old is
good for an 8-year-old!



Why is “Age-Friendly” Important?

- By 2060, nearly 1 in 4 people in the United States will be at least 65 years old.
- Knowing this turning point is on the horizon is an opportunity.
- For the last seven decades, the dominant development paradigm has been one primarily focused on meeting the perceived needs of families with children.





Opportunities for Growth

AARP Study: Two-thirds (67%) of all adults — and 79% of those 50-plus — want to stay in their current communities. Adults primarily value communities that foster good health, promote street safety, and provide good opportunities for community engagement and social interaction.

Take a moment to think about your community!

Can you age in place? Can your community support its growing aging population?



The AARP Network of Age-Friendly States & Communities (NAFSC)

Membership in the network:

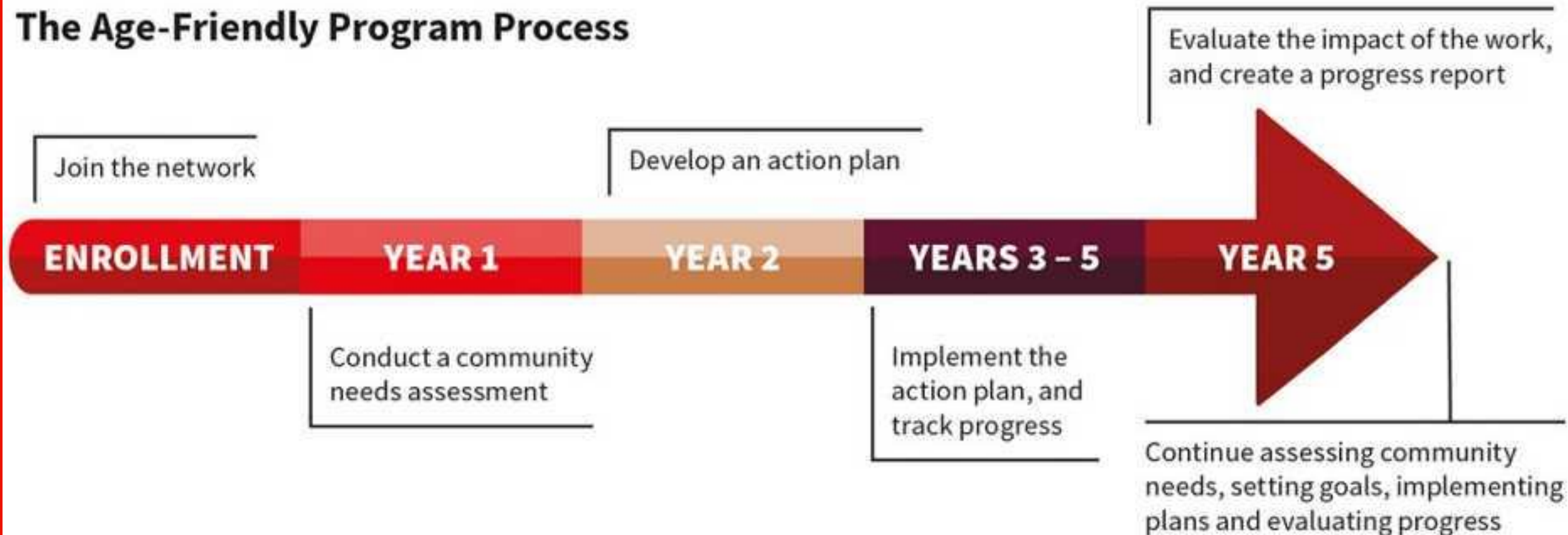
- Serves as an organizing structure for making community improvements
- Fosters partnerships among community groups and local stakeholders
- Provides resources for identifying and assessing community needs
- Enables community improvements that benefit people of all ages



The AARP NAFSC



The Age-Friendly Program Process



NAFSC: Pre-Enrollment





NAFSC: Enrollment – Application Pre-View

AARP NETWORK OF AGE-FRIENDLY STATES AND COMMUNITIES

AARP Livable Communities

[AARP.org/Livable](#) · [About](#) · [Age-Friendly Network](#) · [Community Challenge](#) · [Publications & Resources](#) · [Videos](#) · [Livability Index](#) · [Map](#) · [A-Z Topics](#)



Membership Application

Join the AARP Network of Age-Friendly States and Communities

AARP Livable Communities

When a town, city, county or state joins the [AARP Network of Age-Friendly States and Communities](#), it is joining a global effort to be a more livable and age-friendly community.

The AARP network is an organizational affiliate of the World Health Organization Global Network of Age-Friendly Cities and Communities. (Communities wishing to join the global network instead of or in addition to the AARP program can find application information on the [WHO website](#).)

To enroll your community in the AARP network, please complete and submit the application below.

Note: Since content added to this form cannot be saved, we advise that you review and download a [PDF of the questions](#) in advance, gather the materials and information you'll need, and draft the narrative responses offline for later pasting into the applicable fields. If this form doesn't work for you, please email your materials to AARPAge-FriendlyNetwork@aarp.org.

Section 1: Community Details

Application Submission Date

12/04/2023



State

Select a State

Community Name

Total Population

Percentage of Residents Age 60 or Older



NAFSC: Enrollment

1. A letter of commitment
2. A completed application
3. Your community's seal



Sam T. Liccardo
MAYOR

August 30, 2016

Christina Clem | Associate State Director, Community

AARP California
1415 L Street, Suite 960 | Sacramento, CA 95814-3977

Dear Ms. Clem,

On behalf of the City of San José, I am submitting this letter of commitment to the World Health Organization (WHO) to become an Age-Friendly Community as an Age-Friendly Community. San José has a strong commitment to serving the various needs of its community and an Age-Friendly City will support a healthy and vibrant community for all ages.

Located in Silicon Valley, San José is the 10th largest city in the country with a diverse population. Yet our over-65 population in San José is the most rapidly growing age demographic, and by committing to Age-Friendly City goals, we will ensure that older adults in our community receive respect, dignity, and involvement in all aspects of our City's future.

San José has built a collaborative partnership with the County of Santa Clara by sharing resources and coordinating activities to move the Age-Friendly Initiative forward in this region. We have formed an Age-Friendly task force comprised primarily of older adults from the community that are committed to:

- Conducting a baseline community assessment on the needs of older adults.
- Establishing a three-year action plan to address the identified needs.
- Developing tools to measure the progress of the action plan.

We look forward to working with WHO as we create an Age-Friendly City that provides its residents with the tools and resources they need to remain healthy and active throughout their life.

Sincerely,

Sam Liccardo
Mayor

Community Assessment

1. An asset inventory
2. A comprehensive community profile
3. A community survey
4. Analyze all the data you've gathered to create a blueprint for age-friendly action in your community



Community Assessment: Asset Inventory

The asset inventory is a compilation of relevant age-friendly activities, services and experts already available in your community.



Community Assessment: Community Profile

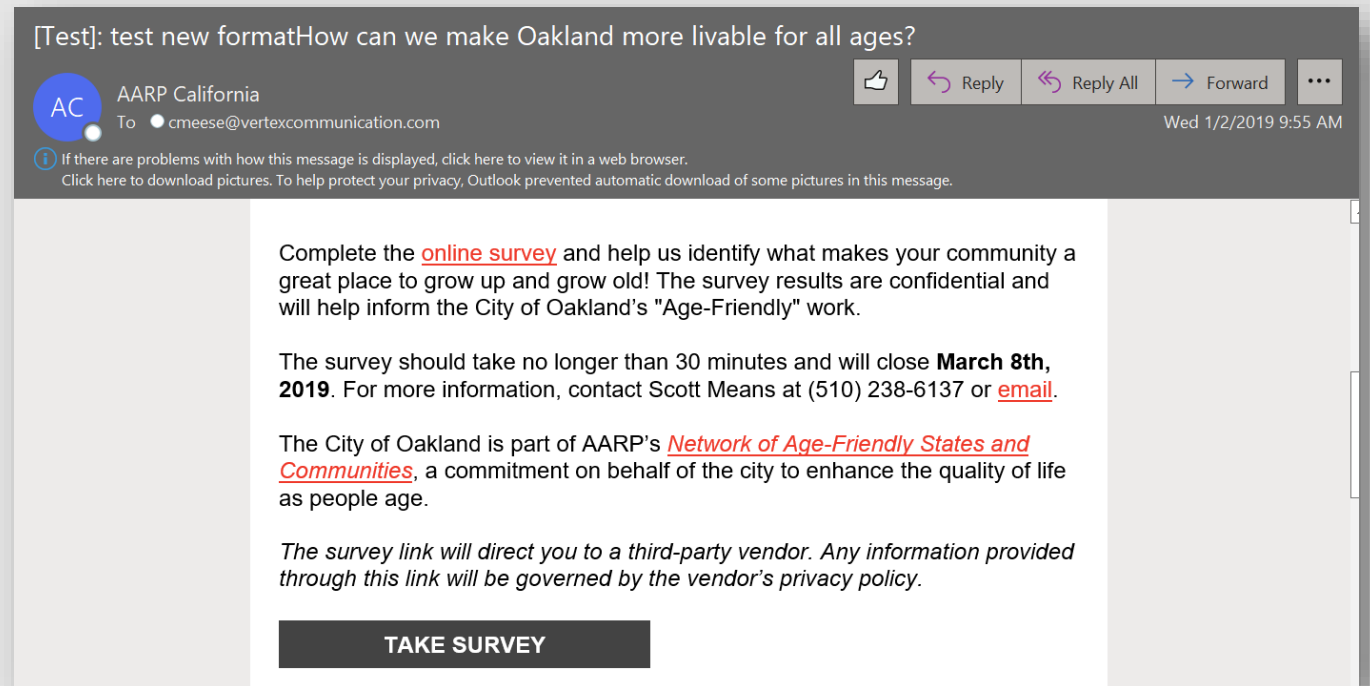
The community profile describes the demographics of your community.





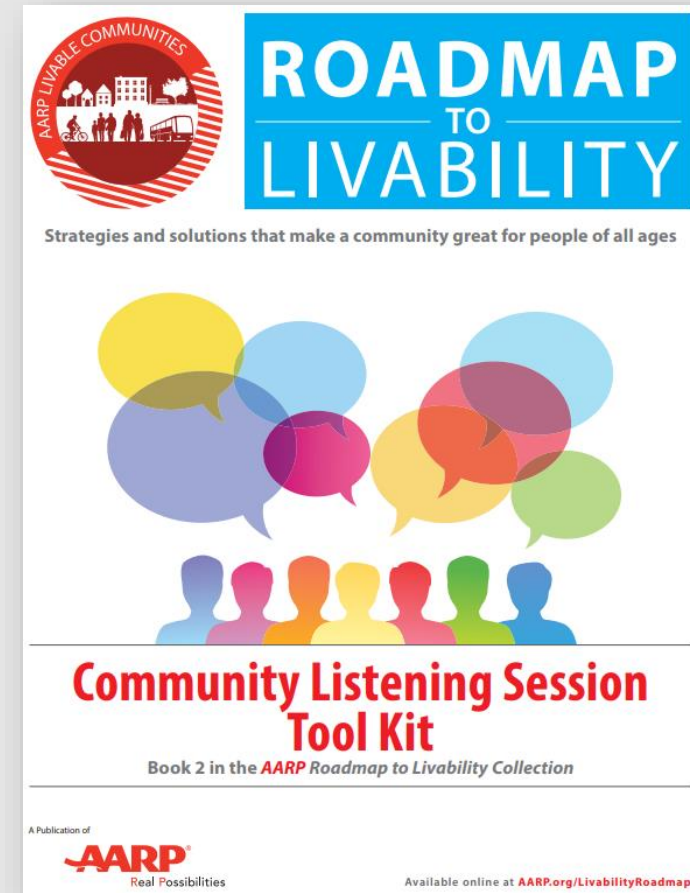
Community Assessment: Community Survey

A survey to hear directly from your community members about their needs and wants.



Community Assessment: Listening Sessions


Listening sessions augment the survey and are another way to directly engage with your community and provide a “face” to the age-friendly initiative.



Community Assessment: Analyzing the Data



Develop an Action Plan



Livable Community - Action Plan

New all-ages exercise equipment installed in all parks

SUBMIT



Implement Action Plan

A graphic consisting of a light blue background with a central dark purple horizontal band. The band is flanked by two thinner teal horizontal bands. The text "Start Implementing Your Plan" is written in white, bold, sans-serif font across the purple band. The entire graphic has a subtle drop shadow.

Start Implementing Your Plan



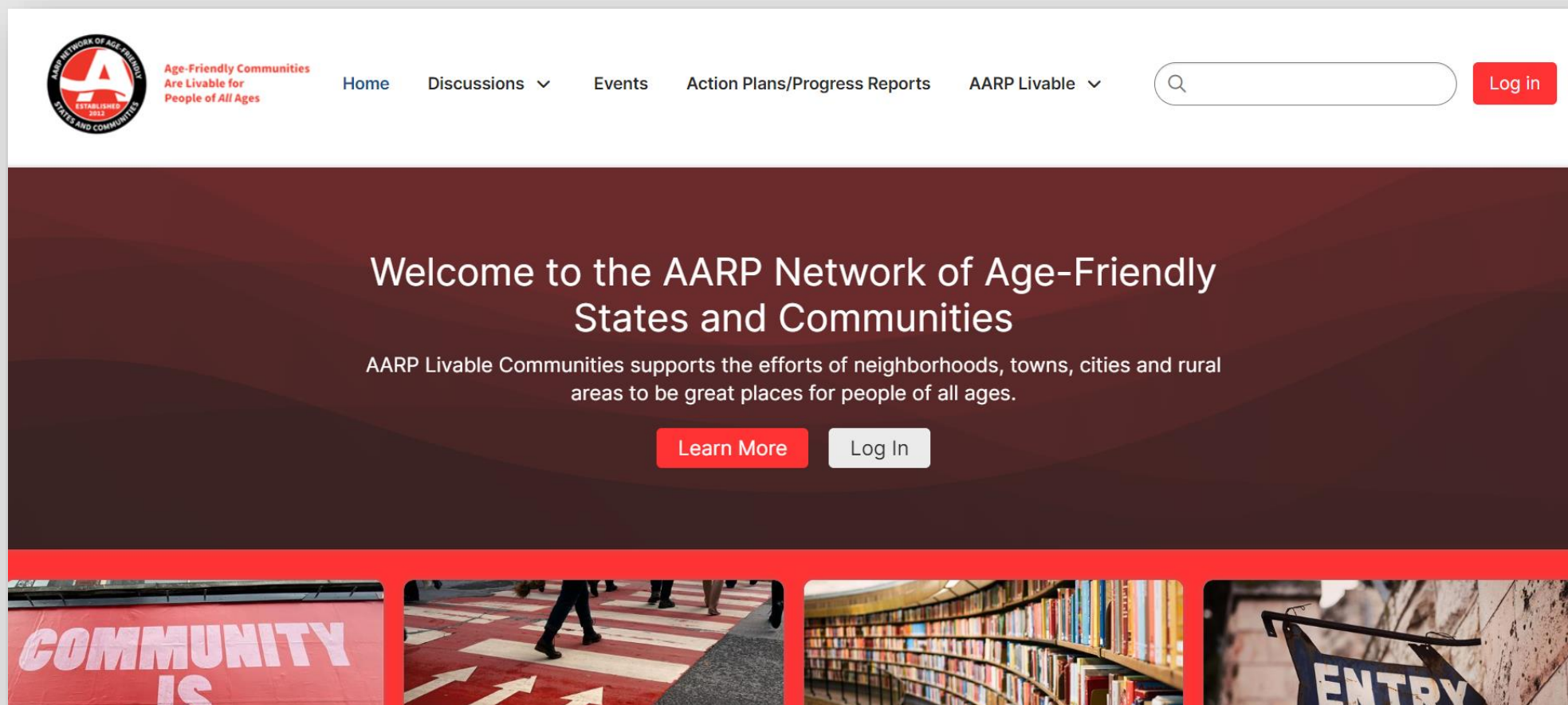
NAFSC Member Benefits

Membership provides local leaders with:

- Access to expert-led webinars and technical assistance from livability professionals
- Connections to a national network of more than 700 enrolled communities
- Support, guidance and best-practice resources from AARP about creating an action plan and documenting progress
- Support in reaching AARP members
- A private group forum for discussions, asking questions and finding answers



NAFSC Member Benefits: The Age-Friendly Portal





NAFSC Member Benefits: Regional Roundtables





The AARP Community Challenge Grants



**AARP
COMMUNITY
CHALLENGE**

Grants to make communities livable
for people of all ages

aarp.org/CommunityChallenge

The graphic on the left is a red square containing white silhouettes of a city skyline, a person on a bicycle, a group of people walking, and a bus. The text "AARP COMMUNITY CHALLENGE" is in large white letters, followed by the tagline "Grants to make communities livable for people of all ages" and the website URL "aarp.org/CommunityChallenge".



AARP Public Resources



LIVABLE COMMUNITIES RESOURCES

AARP Livable Communities supports the efforts of neighborhoods, towns, cities and rural areas to be great places for people of all ages. We believe that communities should provide safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life.

AARP Livable Communities Website

AARP Livable Communities' award-winning website is the entryway to AARP's suite of livability content and materials, including publications, articles, photo albums and all sorts of inspiring ideas and best practices information for local leaders and livability advocates. Visit: [AARP.org/Livable](https://www.aarp.org/Livable)

AARP Livable Communities e-Newsletter

Created for community "influencers" — elected officials, local leaders, advocates, municipal staff, placemaking professionals and interested residents — our free weekly newsletter is filled with information about livability and age-friendly efforts.

Subscribe: [AARP.org/LivableSubscribe](https://www.aarp.org/LivableSubscribe) or text [LIVABLE to 50757](https://www.aarp.org/LivableSubscribe)

AARP Network of Age-Friendly States and Communities

The age-friendly network serves as a catalyst to educate local leaders (both elected officials and engaged residents) and encourage them to implement the types of changes that make communities more livable for older adults and people of all ages.

Learn more: [AARP.org/AgeFriendly](https://www.aarp.org/AgeFriendly)

AARP Community Challenge

This annual grant program helps communities become more livable by providing funds for quick-action projects that make immediate, tangible improvements and jump-start long-term change. (Subscribe to our newsletter to be among the first to know when the next application window opens.)

Learn more: [AARP.org/CommunityChallenge](https://www.aarp.org/CommunityChallenge)

AARP Livability Index

As an interactive online tool, the AARP Livability Index scores neighborhoods and communities across the U.S. based on the available services and amenities in seven broad categories of community livability: housing, neighborhood, transportation, environment, health, engagement, and opportunity.

Learn more: [AARP.org/LivabilityIndex](https://www.aarp.org/LivabilityIndex)

AARP Technical Assistance

AARP partners with experts in housing, transportation, economic development, public spaces, community engagement and more to search as advisors and provide specialized assistance to local governments and community organizations.

Learn more by emailing: Livable@AARP.org



MORE →

AARP LIVABLE COMMUNITIES LIBRARY

Visit our collection of free, award-winning information- and photo-filled publications about housing, community engagement, inspiring examples, and other livability and age-friendly topics created to inform and inspire local leaders and community residents. Download a digital file or order a printed copy of the titles below and many more at [AARP.org/LivableLibrary](https://www.aarp.org/LivableLibrary) or by scanning the QR code.



SCAN ME



FIND THESE PUBLICATIONS AND MORE IN OUR LIVABLE LIBRARY:

Creating Parks and Public Spaces for People of All Ages [AARP.org/LivableParks](https://www.aarp.org/LivableParks)

AARP Disaster Resilience Tool Kit [AARP.org/DisasterResilience](https://www.aarp.org/DisasterResilience)
(Available in English and Spanish)

A Handbook for Improved Neighborhoods [AARP.org/Zoning](https://www.aarp.org/Zoning)

AARP HomeFit Guide [AARP.org/HomeFit](https://www.aarp.org/HomeFit)
(Available in English, Spanish, Chinese, Korean, and Vietnamese)

Making Room: Housing for a Changing America [AARP.org/MakingRoom](https://www.aarp.org/MakingRoom)

Discovering and Developing Missing Middle Housing [AARP.org/MissingMiddleHousing](https://www.aarp.org/MissingMiddleHousing)

AARP Rural Livability Workshop Report [AARP.org/RuralLivability](https://www.aarp.org/RuralLivability)

The ABCs of ADUs [AARP.org/ADUs](https://www.aarp.org/ADUs)

Creating Community Gardens for People of All Ages [AARP.org/CommunityGardens](https://www.aarp.org/CommunityGardens)

AARP Pop-Up Placemaking Tool Kit [AARP.org/LivablePopUp](https://www.aarp.org/LivablePopUp)

AARP Walk Audit Tool Kit [AARP.org/WalkAudit](https://www.aarp.org/WalkAudit)
(Available in English and Spanish)

Where We Live: Communities for All Ages [AARP.org/WhereWeLive](https://www.aarp.org/WhereWeLive)



MORE →

Questions, Comments, Observations?





THANK YOU!