ALZHEIMER'S & CAREGIVER AWARENESS MONTH

PRESENTED BY DARLENE MERKLER, EDUCATION/OUTREACH COORDINATOR, INLAND CAREGIVER RESOURCE CENTER





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IN NOVEMBER ALZHEIMER'S DISEASE AND CAREGIVERS ARE RECOGNIZED

- Alzheimer's is a type of Dementia. Dementia is the umbrella term.
- Alzheimer's is on the rise throughout the world.
- Worldwide, at least 55 million people are believed to be living with Alzheimer's disease or other dementias.
- 46,000 in Riverside County
- If breakthroughs are not discovered, this number will almost double every 20 years, reaching 78 million in 2030 and 139 million in 2050.
- In the time it takes to read this sentence out loud, another person somewhere in the world has been diagnosed with dementia. Every 3 seconds, someone in the world develops dementia.

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HELP FOR THOSE SUFFERING OR CARING FOR SOMEONE WITH ALZHEIMER'S/DEMENTIA

Alzheimer's Association California Southland Chapter Inland Empire Regional Office

The Alzheimer's Association. Local Office: Located in: THE INLAND ATRIUM

Address: 3200 Inland Empire Blvd, Ontario, CA 91764

Phone: (323) 309-8821

- ALZ.ORG
- Riverside County Office on Aging
- Inland Caregiver Resource Center

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INLAND CAREGIVER RESOURCE CENTER

- Inland Caregiver Resource Center is a non profit private agency offering free service to family caregivers and seniors in Riverside counties founded in 1985.
- ICRC Receives grant money from the state of California and Riverside and San Bernardino Counties.
- With this grant money we offer services such as in home care, home repairs, mental health programs, education and support to seniors and family caregiver in San Bernardino and Riverside County. These services are <u>NOT</u> based on income.
- We offer 10 free educational workshops each month, 3 in person, 7 on zoom which anyone can attend.
 Check them out on our websit3e www.inlandcaregivers.org
- For our clients, we offer 13 family caregivers support groups each month on zoom, ongoing classes 4-8
 weeks long and many other services.

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WHO IS ELIGIBLE FOR ICRC SERVICES?

- Family member or friend (informal caregiver) providing care for a loved one with an organic brain impairment that occurred after the age of 18.
- Family member or friend (informal caregiver) providing care for a dependent adult age 60 or older and need assistance with at least 2 activities of daily living.
- Older Adult 60 and over and needing assistance with at least 2 activities of daily living.

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HOW TO ACCESS SERVICES



Inland Caregiver Resource Center 1430 E. Cooley Dr. Suite 210 Colton, CA 92324

www.InlandCaregivers.org 800-674-6695

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