



City of Arts & Innovation

Housing and Homelessness Committee Memorandum

**TO: HOUSING AND HOMELESSNESS
COMMITTEE MEMBERS**

DATE: MAY 22, 2023

FROM: OFFICE OF HOMELESS SOLUTIONS

WARDS: ALL

SUBJECT: RIVERSIDE UNIVERSITY HEALTH SYSTEM, BEHAVIORAL HEALTH

ISSUE:

Receive a presentation from Riverside University Health System, Behavioral Health.

RECOMMENDATION:

That the Housing and Homelessness Committee receive a presentation from Riverside University Health System, Behavioral Health.

BACKGROUND:

This presentation is a summary of Riverside University Health System, Behavioral Health programs, including Sobering Center Overview with data related to consumers referred, race/ethnicity, referral type, referral cities, and discharge reason, Recovery Residences & Housing, Crisis System of Care, Mobile Crisis Response Team, Mobile Psychiatry Services and more.

Methods: to engage the client, We "bring the treatment to the people." Top 40 focus, highest utilizers of crisis services, no referrals. Targeting these top 40 (26%) allows us to target 55% of costs.

DISCUSSION:

Riverside University Health System, Behavioral Health (RUHS-BH) Treatment Spectrum for Mental Health Prevention involving Wellness and Resource Centers and Access Points. The Mental Health Prevention Areas include Undeserved Cultural Populations, Mental Health Awareness & Stigma Reduction, Parent Education & Family Support, Prevention for Families in School, First Onset for Older Adults, Trauma Exposed for All Ages and Transition Aged Youth. The Access Points are Behavioral Health Integration Team, CARES (Community Access, Referral, Evaluation, and Support) Line, Collaborative Court Programs, Short Term Residential Therapeutic Programs, Schools, Psychiatric Inpatient Programs, County Federally Qualified Health Centers (FQHC's), Department of Public Social Services, Foster Family Agencies, and

Probation: DRC's and Juvenile Detentions. Riverside University Health System, Behavioral Health Treatment Spectrum also includes Outpatient and Inpatient Low Level and High Level of Care, Early Intervention, Outpatient, Full-Service Partnership (FSP), Crisis Services, Residential, Acute Hospital Care, Long Term Care involving Facilities, Response Teams & Systems.

The RUHS-BH Treatment Spectrum also includes Substance Abuse Prevention and Treatment involving Prevention (Friday Night Live, Clinics, Schools, Group Homes: Indicated Prevention and Impaired Driving Programs (IDP). The Access Points are Behavioral Health Integration Team, Hospital Navigation Team Medical Center-ED, Enhanced Care Management (ECM), Sobering Center, Schools Group Homes, Riverside County Substance Abuse Treatment and Recovery Team (START Program), CARES (Community Access, Referral, Evaluation, and Support) Line, County Federally Qualified Health Centers (FQHC's), ED (Emergency Department) Bridge, Care Coordination Team (CCT), Field Based Teams, Collaborative Court Programs and Detention Facilities involving Evidence Based Practices, Curriculum, and Specialized Services.

The Forensic Specialty and Diversion Programs 2023 include Diversions/Courts, Juvenile in Custody Services, and Adult in Custody Services. Housing Services 2023: Coordinated Entry System (CES) Home Connect, Street Outreach Teams, Homeless Drop-In-Centers, Emergency Housing, AB-109 Housing, Recovery Residence (Sober Living), Transitional Housing, Rental Assistance, Permanent Supportive Housing, FSP Housing Supports, Augmented Adult Residential Facility: Desert Sage, Augmented Adult Residential Facility: Roy's, Riverside Mental Health Rehabilitation Center (MHRC), Restorative Transformation Center (RTC), Adult Residential Treatment (ART) Indio.

Behavioral Health Integration & Community Engagement Education. The Integrated Programs include START Team: CSU, Psychiatric Hospital, Mental Health Urgent Care, ARC, Sobering Center, CRT. Behavioral Health Navigation Team, ED Bridge and Inpatient. MAT Pilot and Perinatal Navigators. The BHI Navigation Teams (Access and Acceptance), Administered Screenings and Referrals including Services (Substance Use, Mental Health, Housing/Homelessness, Domestic Violence), Administered Screenings, Referrals to Community Resources, and Referrals to Treatment. Referral Rate, Service Type (Substance Use, Mental Health, Housing/Homelessness, Domestic Violence), Consumers Screened, Referral to Community Resources Rate % and Referral to Treatment Rate %.

New Life and Justice Outreach Teams: Justice Outreach Team (JOT): JOT is comprised of (3) regional teams: Western (based in Riverside), Mid-County (based in San Jacinto) and Desert (based in Indio). Prior to expansion, JOT's Riverside Team operated countywide from Riverside to Blythe. With this expansion, JOT is able to cover countywide services at a more optimal level. Each region has (2) two teams respectively that include BHS III (drug and alcohol counselor), peer support, office assistant and supervisory support by Mental Health Administrator, Supervising Behavioral Health Specialist, and BHS IV. Consumers served: Justice involved or at-risk of justice involvement who are in need of mental health and/or substance use disorder services. Once engaged and screened, JOT works to link consumers to treatment. JOT also conducts field outreach and care coordination to engage consumers who are lacking behavioral health services.

STRATEGIC PLAN:

Because this is a presentation from RUHS-BH, is not required to align with the City's strategic Plan. The intent of this report is to present information regarding the topic in neutral fashion for the Committee's review.

FISCAL IMPACT:

There is no fiscal impact related to this staff report.

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availability of funds: Edward Enriquez, Interim Assistant City Manager/Chief Financial
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Attachment: Presentation