



# FRIENDLY STARS PROGRAM

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**Parks, Recreation and Community Services Department**

Commission on Disabilities  
March 21, 2024

# MISSION

To empower adults with disabilities by providing them with the opportunity to actively engage in recreational and social activities.



# PROGRAM DESCRIPTION

The Friendly Stars program is committed to fostering an inclusive environment that embraces diversity, ensuring that everyone, regardless of ability, feels welcome and valued.

Through the Friendly Stars program, we aim to eliminate barriers and promote social inclusion, enabling individuals with disabilities to fully participate in and enjoy a wide range of recreational experiences that enhance their overall well-being and sense of community.



# PROGRAM DETAILS

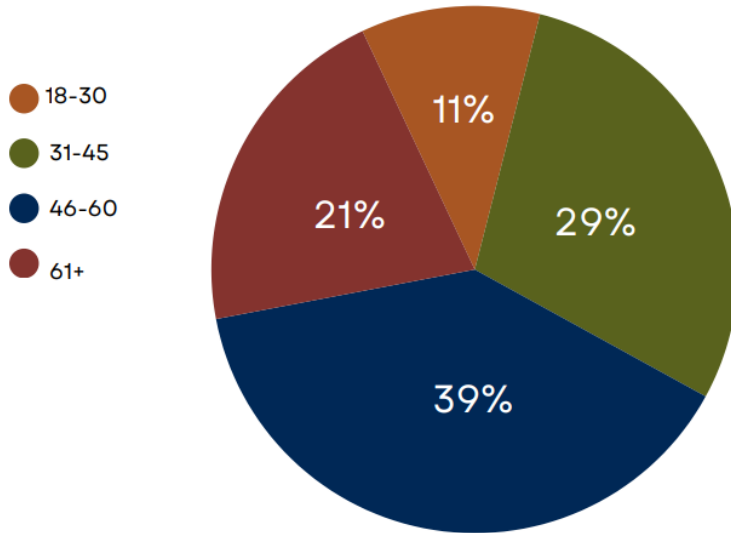
- Location
  - La Sierra Senior Center
    - 5215 La Sierra Avenue, Bldg. B



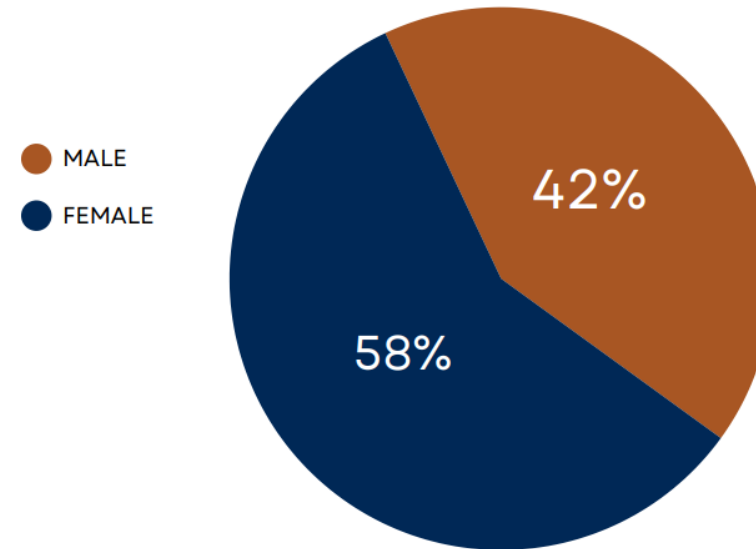
- AGE
  - 18+
- Fee
  - \$62 Resident/6mos
  - \$93 Non-Resident/6mos
- Day
  - Fridays
- Time
  - 6 to 8pm

# Program Demographics

## PARTICIPANT AGE



## PARTICIPANT GENDER







FRIENDLY  
STARS  
Luan

FRIENDLY  
STARS  
Adult Adaptive

Champi

FRIENDLY  
STARS  
Adult Adaptive

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STARS  
Adult Adaptive

FRIENDLY  
STARS  
Adult Adaptive



# SPECIAL EVENTS



## Parks, Recreation, and Community Services Department

### 2024 Friendly Stars Program Schedule



The Friendly Stars program is conducted for adaptive adults ages 18 and older. The program is held on **most** Fridays from 6 - 8 p.m. at La Sierra Senior Center located at 5215 La Sierra Ave. Bldg. B. The program is designed for participants to interact in a safe and fun environment.

Refreshments and snacks are served. **To register, visit [www.RivReg.org](http://www.RivReg.org) (details on reverse side).**

### January

- January 5 New Year, New Me
- January 12 Mixtape Madness
- January 19 International Extravaganza
- January 25 Western Showdown\*\*

### February

- February 2 Nickelodeon Night
- February 9 Superbowl Friday
- February 16 S'more Amour \*\*
- February 23 Pizza Planet

### March

- March 1 Breakfast Club
- March 8 Welcome to Hollywood
- March 15 Shamrock Shenanigans \*\*
- March 22 Glow with the Flow

### April

- April 5 Bug's Life\*\*
- April 12 Canvas Night
- April 19 Safari Jamboree
- April 26 Hero's Night

### May

- May 3 Tropical Tacos
- May 10 Pirate Treasure Hunt
- May 17 Shrek-tacular
- May 24 Cherry Blossom Carnival\*\*

### June

- June 7 Zoomin Zest
- June 14 Beyond the Sea
- June 21 Scoop-a-doodle-doo
- June 28 Roaring 20's Prom Night\*\*

## Special Event Nights

January — Western Showdown  
February — S'more Amour



March — Shamrock Shenanigans  
April — Bug's Life



May — Cherry Blossom Carnival  
June — Roaring 20's Prom Night



Must be registered for the current session to attend program and special events.

### Registration

January - June: Session opens December 15, 2023

\$62 Resident / \$46 Non-Resident (per 6 month session)

Registration and payments accepted online at [RivReg.org](http://RivReg.org) (checks payable to the City of Riverside), or in-person.



La Sierra Senior Center • 5215 La Sierra Ave., Bldg. B • 951.351.6435

ENJOY THE RIDE!

### SPECIAL TRANSPORTATION

TRANSPORTATION FOR SENIORS AND DISABLED INDIVIDUALS



### HOURS OF OPERATION

Monday - Friday • 8 a.m. - 5:30 p.m.  
Saturday, Sunday & Holidays • 9 a.m. - 4 p.m.  
(Closed Thanksgiving, Christmas and New Year's Day)

### RESERVATION OFFICE HOURS

Monday - Friday • 8 a.m. - 5 p.m.  
Weekend / Holidays • 9 a.m. - noon / 1 - 3 p.m.

Call

**951.687.8080**

**to reserve your ride!**



Parks, Recreation and  
Community Services Department  
951.826.2000



# RECOMMENDATION

That the Commission on Disabilities receive and provide feedback on the Friendly Stars Program.